

I trust you all enjoyed your Easter weekend! It is an important time to reflect and honor the God who loves us. saved us and has a plan for us...a **HOPE!** I pray that no matter what the circumstances were. you were able to reflect on that and praise Him for all He has done, is doing and will continue to do for YOU. If not, then, it's never too late. You can do so today!

I have told athletes for years to control the controllables. Two of the big things you can control are your own levels of EFFORT and ATTITUDE. That still applies today for all of Warrior Nation. So, consider, what does your level of effort look like? Would it be considered gritty - fighting through with passion and purpose? How about your attitude - is it attractive, energetic and positive? Just some things to think about today...and every day!

As always - GO WARRIORS!

-TRANSFORMATIONAL PURPOSE-

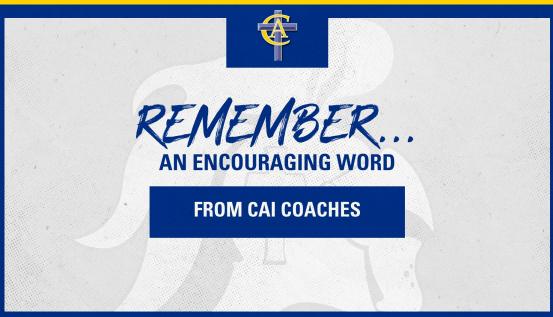
In this section, we will highlight one of the CAI Coaches and their **Transformational Purpose** Statement, which will be recognized on social media as well. A transformational purpose statement is a great reminder for us on the reasons WHY our coaches coach. It's more than just the scoreboard for them!

WARRIOR UPDATE

APRIL 14. 2020

REMEMBER...

Please be sure to check out this new video of some encouraging scriptures from our Middle School Head Coached. Just click on the photo to follow a link to our Twitter page to view the video.



References of Scripture included:

James 1:2-4 Romans 8:31, 32, 35, 37-39 Romans 5:2-5

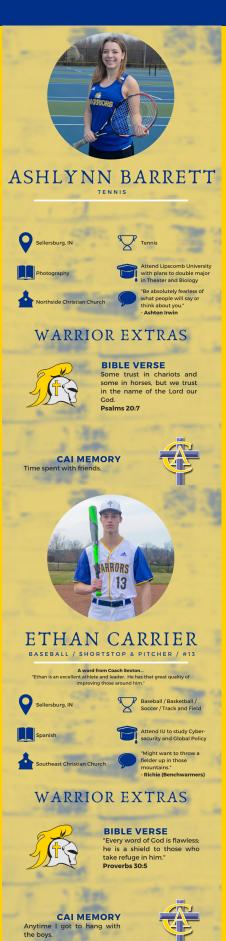


I coach to live out my passion for sports, competing and, most importantly, for building positive and meaningful relationships with student-athletes that last a lifetime. I hope to instill in them a sense of resiliency and responsibility that will help them in all areas of their lives while showing them that I truly care about them. Above all, I want to honor God.

> COACH HAYDEN CASEY BASKETBALL/GOLF

-SENIOR ATHLETE HIGHLIGHTS-

Below are the senior athlete profiles we recognized last week on social media.







Yea, though I walk through the valley of the shadow of

death, I will fear no evil: for

thou art with me; thy rod and

thy staff they comfort me. Psalm 23:4

CAI MEMORY

Competing for my teams and being able to spend time with my friends.

softball season before the global pandemic.

