



## WEEKLY THEME: -INTEGRITY-

"Integrity is who you are when no one is looking" is what many will say when they think about that word. As Christians, Christ challenges our thinking in a similar way. Proverbs 11:3 says, "The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity." Seeking to make sure our actions and thoughts that no one can see, matches what they can see, and most importantly, what God can see should be our goal each and every day!

So, how do your actions/thoughts line up with who God has called you to be? Are you on the road of God guiding you to a deeper relationship with Him, or are you slowly being destroyed by those things from the inside out?

Choose to work on a life of INTEGRITY today!

As always - GO WARRIORS!

## -TRANSFORMATIONAL PURPOSE-

In this section, we will highlight one of the CAI Coaches and their Transformational Purpose Statement, which will be recognized on social media as well. A transformational purpose statement is a great reminder for us on the reasons WHY our coaches coach. It's more than just the scoreboard for them!

# WARRIOR UPDATE

MAY 12, 2020

## MOTIVATIONAL MINUTE

Please be sure to check out this new video based on the theme last week of DISCIPLINE! Just click on the photo to follow a link to our Twitter page to view the video.



**TEAMWORK:**  
Coach Sexton:  
Strength + Mind + Heart =  
Teamwork



## THROWBACK THURSDAY

We are starting a series highlighting some Warriors who have gone on to compete at the next level in their sport. Click on the photo above for the video on this week's feature:

**Krista Boesing**

Samford University  
Volleyball  
Graduate

### Highlights:

Krista had a legendary career at both CAI and Samford. She helped lead CAI to their first State Finals appearance. She then went on to Samford University, where she became an impact player, earning such honors as: SoCo All-Conference Team, 4th in Samford history in kills, Top 10 NCAA Total Kills.

“

*I coach to guide my athletes to be successful in obtaining their goals using discipline and grit, while competing with integrity and empathy to bear witness to God's glory to their teammates, competitors and fans.*

”

**COACH STEVE WAGNER**  
TRACK AND FIELD/CROSS COUNTRY



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# SPRING TEAM PHOTOS

We are in the process of collecting spring team photos. What this means is we need a photo from every spring sport athlete to include in a team photo "mash-up." We have completed four so far and two are highlighted below. If your child hasn't already submitted their photo, please do so today! We want to include everyone but need your help. These will be included in the yearbook and in the Commons entrance area.

## VARSITY



## TRACK / FIELD

## MIDDLE SCHOOL



## TRACK / FIELD