

September 2020

Rock Creek Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Quesadilla Toppings Corn Fruits	2. Grilled Cheese Soup Chips Applesauce	3. Chicken Nuggets Buttered Noodles Broccoli Fruit	4. Pizza Fruit Veggie Ice Cream
7. No School- Labor Day	8. Mini Corndog Cheddar Tots Fruit Pudding	9. Uncrustable Carrot Sticks Fruit Vanilla Goldfish Cookies	10. Sub Sandwich w/cheese Chips Juice Box	11. Pizza Fruit Veggie Ice Cream
14. Burrito w/ Toppings Corn Fruit Cocktail	15. Frito Pie Broccoli Orange/Pineapple Blend	16. No School Parent/Teacher Conference Day!	17. Hamburger Fries Baked Beans Peaches	18. Pizza Fruit Veggie Ice Cream
21. Hot Dog/Chili Maple Carrots Pears Brownie Cookie	22. Chicken & Dumplings Green Beans Juice Box Chex Mix Strawberry Yogurt	23. Sausage Biscuit Hash browns Banana	24. Southern Style Chicken Sandwich Potato Wedges Fresh Fruit	25. Pizza Fruit Veggie Ice Cream
28. Toast Ravioli Tossed Salad Applesauce Garlic Toast	29. Quesadilla Toppings Corn Fruits	30. Grilled Cheese Soup Chips Applesauce	8 ounce 1% milk, skim chocolate milk, or 8 ounce water available daily.	

‘...even as
the Son of
Man came
not to be
served but
to serve,
and to give
his life as a
ransom for
many.’

Matthew