

Christian Academy of Indiana Athletics
Parent/Athlete Partnership
COVID-19 Reopening Policies and Procedures

Phase 1 (July 6-19)

Prior to Arriving:

- Athletes need to complete paperwork packet prior to arrival
 - **ALL ATHLETES:** Must register in the FACTS Family Portal (formerly known as RenWeb)
 - All team registrations for the school year are now open
 - **ALL Athletes:** CAI Athletics Parent and Athlete Partnership Agreement and Waiver form
 - **Returning Athletes:** IHSAA Physical Supplemental Packet (History Form Update, Consent and Release, Sudden Cardiac Arrest/Concussion form)
 - **New Athletes:** IHSAA Physical Packet and Sudden Cardiac Arrest/Concussion form (make sure to have the updated Consent and Release document)
- Athletes need to bring the following items with them:
 - Personal water bottle, marked clearly with their name
 - Wear laundered clothing - please do not wear clothes that have not been washed
 - A face covering to be worn when not engaged in session drills, or when social distancing cannot be maintained.
 - On first day, paperwork must be turned in to be allowed to participate
- Vulnerable individuals or those with at-risk household contacts should seek guidance from their medical provider to determine attendance at any events offered
- Individuals must show no signs or symptoms of COVID-19 in the past 14 days and have not been exposed to someone showing those symptoms in the past 14 days
- Athletes need to evaluate their health prior to leaving home
 - All athletes will undergo daily temperature and health checks. We ask you to perform a pre-check with your child prior to leaving your home.
 - Questions to ask:
 - Have I been diagnosed with CoVid or been exposed to CoVid?
 - Do I have (or have had in the past 48 hours) a fever of 100.4 or greater?
 - Do I have a cough, shortness of breath or difficulty breathing?
 - Do I have a sore throat?
 - Do I have chills? Or repeated shaking with chills?
 - Do I have muscle pain or a headache?
 - Do I have a new loss of sense of smell or taste?
 - Reminders:
 - Your child will need to remain home as soon as **any** illness is suspected.
 - If your child has a fever of 100.4 or higher with no other COVID-19 symptoms (such as shortness of breath, diarrhea, muscle soreness, cough and or general aches) they will be required to **stay home for 48 hours** and be fever/symptom free without the aid of medication before returning.
 - If your child has any of the following symptoms: a fever of 100.4 or higher **AND** is experiencing shortness of breath or cough **OR** other COVID-19 symptoms **OR** if your child or any other family member residing in the same residence as your child, has been exposed to a positive COVID-19 diagnosis, documentation of a negative COVID-19 test will be required prior to readmittance into team workouts or events.
 - If your child, or a family member residing in their residence receives a positive COVID-19 test result, please notify the Athletic Director as soon as possible. Please follow the guidance and direction of your medical provider or health department regarding self isolation.
 - In addition to your "home health check", temperatures **will be taken** each day at drop off. If a fever of 100.4 or higher is detected at drop off, the athlete will be sent home and may not return to campus within 48 hours and must be fever/symptom free without the aid of medication.

Upon Arriving

- Plan to arrive on campus not more than 10 minutes prior to the scheduled start time of your session.
- A station will be set up in the entry driveway to perform the health screening/temperature checks while in your vehicle
- Athletes should wear a face covering when not engaged in session drills or when social distancing cannot be maintained.
- At health screening, the athlete will verify their lack of presence of symptoms and have their temperature taken with a non-contact infrared thermometer.
 - If approved for practice, athlete will head towards practice space, sanitize their hands (by washing them for with soap and water for at least 20 seconds or using hand sanitizer at practice location)
- Athletes should place their personal belongings on a designated spot to help meet social distancing guidelines

During Workouts/Team Sessions:

- Athletes should continue to practice:
 - Good hygiene by:
 - Sanitizing hands throughout
 - Using only their own water bottle, towel, etc.
 - Wearing a face covering when not engaged in physical activity
 - Proper Social Distancing by:
 - Maintaining at least 6 ft distance with other individuals
 - Refraining from physical contact (high fives, handshakes, hugging, etc)
- Outside of essential personnel (athletes, coaches, department staff), team workouts and sessions are closed per the DOE and IHSAA. Parents will need to remain in their vehicles or leave campus during their child's session and return to pick them up.

Leaving Campus/Upon Arrival at Home:

- After workout sessions, athletes should do the following:
 - Collect all their belongings from their area to take home
 - Sanitize hands upon leaving facility
 - Upon returning home, remove and launder practice clothing
 - Shower when arriving home
- Anyone who has tested positive for Covid19, shows symptoms or comes into contact with someone who has tested positive refrain from attending sessions and contact their medical provider and the Athletic Director.

**Christian Academy of Indiana Athletics
COVID-19 Parent/Athlete Partnership
Agreement/Waiver Form**

Child(ren) Name(s) _____

Agreement/Waiver:

1. The novel coronavirus COVID-19 has been declared a worldwide pandemic by the World Health Organization. COVID-19 is contagious and is believed to spread mainly from person-to-person contact.
2. I have read and discussed with my child(ren) all areas of the policies and procedures provided that relate to their behavior and expectations while being a student-athlete with Christian Academy of Indiana.
3. By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending workouts/practices/games/team events and that such exposure or infection may result in personal injury. I understand that the risk of becoming exposed to or infected by COVID-19 at Christian Academy may result from the acts or omissions of myself and/or others, including, but not limited to, Christian Academy employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may incur in connection with my child(ren)'s attendance for Christian Academy Athletics. On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless Christian Academy, its employees, agents, and representatives, of and from all claims, actions, liabilities, and damages of any kind arising out of my child(ren)'s attendance with Christian Academy Athletics.
4. My child(ren) and I agree to abide by the school policies and procedures.

Parent/Guardian Signature

Date

Parent/Guardian Printed Name