

October 2020

Rock Creek Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
			1 No School-Teacher In-Service	2 No School-Teacher In-Service
5 No School	6 No School	7 Hamburger Fries Fruit Pudding	8 Quesadilla Corn Chips/Salsa Fruit	9 Pizza Fruit Veggie Special Treat
12 Frito Pie Broccoli Orange/ Pineapple Blend	13 Uncrustable Chips Fruit Goldfish Cookies	14 Meatballs w/Sauce Garlic Toast Applesauce	15 Southern Style Chicken Sandwich Potato Wedges Fresh Fruit	16 Pizza Fruit Veggie Special Treat
19 Mini Corn Dogs Cheddar Tots Fruit Pudding	20 Ham/Cheese Sandwich Chips Juice Box	21 Grilled Cheese Soup Chips Applesauce	22 Chicken Nuggets Buttered Noodles Broccoli/Cauliflower Blend Fruit	23 Pizza Fruit Veggie Special Treat
26 Burrito Corn Fruit Cocktail	27 Sausage Biscuit Hash brown Banana	28 Chicken N Dump- lings Green Beans Fruit	29 Toasted Ravioli Tossed Salad Pears Garlic Toast	30 Pizza Fruit Veggie Special Treat

2 Timothy 1:7

“...for God

gave us a spirit

not of fear but

of power and

love and self-

control.”

8 ounce 1% milk, skim chocolate milk, or 8 ounce water available daily. Menu subject to change.

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