

## M.4.0 DRESS CODE

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*Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.*

I Corinthians 6:18-20 NIV

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The goal of our dress code is to establish high Christian standards for our school and our students. The code is meant to foster a student's self-respect and to provide the opportunity for students to make a positive statement in our community.

Middle school students are required to be in dress code beginning with the first day of school. To the greatest degree possible, uniform guidelines will be followed consistently. Effort has been made to coordinate the middle school uniform policy with the uniform programs in elementary and high school. However, each program is separate and distinctive. Do not assume that what is acceptable at one level is also acceptable at either of the other grade levels. Please refer to the specific uniform policy for the grade level of your student.

### M.4.1 General Guidelines

These guidelines apply to regular school days, extra-curricular activities, and all school events.

1. Students are expected to dress according to uniform/dress code guidelines from the time they arrive on any CASS campus for school until they leave school for the day or begin practice for sports.
2. Students are to use good judgment in dressing for extracurricular activities in a manner that reflects modesty, neatness, and cleanliness. Although the rule of the uniform dress code may not be enforced for extra-curricular activities, students' appearance should reflect its spirit.
3. All garments must be modest, neat, clean, and pressed when wrinkled. All garments are to have a traditional fit. An item with a traditional fit is appropriately fitted in the shoulders, waist, leg, seat, bodice, and length. Oversize styles are not permitted.
4. Garments that are very thin, semi-transparent or "see through" are not permitted. Tight-fitting, clinging, sleeveless, midriff, low-cut or high-slit garments are not allowed.
5. Slacks, tops and skirts must be in good condition with no holes and cut or frayed seams.
6. A belt must be worn with any garment that is designed with belt loops. Belts are to be a solid color (extreme colors not allowed), must be an appropriate length, and must be worn in the belt loops. Only traditional belt buckles permitted. No studded or jeweled belts.
7. Skirt length should be to the top of the knee when standing.
8. All shirts are to be appropriately buttoned and tucked in neatly at all times. Shirts may not be overly bloused at the waistband. Plain, solid color undershirts (T-shirts) are to be worn. Short sleeved undershirt sleeves may not be longer than the short sleeved uniform sleeve. Long sleeve shirts can be worn under the uniform polos.
9. Any appropriate coat or jacket may be worn to and from school. Any approved Christian Academy jacket (from The Armory, PTO or Athletic Spirit Wear) may be worn. **No hooded sweatshirts are permitted.**
10. Students may wear any official CAL approved outerwear (1/4 zip, crew, jacket, etc.) during school.
11. As with all areas, students may be asked not to wear certain items deemed outside the guidelines.
12. Traditional jewelry should be worn in moderation and good taste. Boys may not wear earrings at school or at school functions.
13. Make-up, when worn, should be applied with appropriate measure. Make-up that is too heavy or dark will be addressed with the individual.
14. Logos, slogans, or any designs that are offensive in a Christian school are not permitted on any item. Any manner of grooming or dressing that imitates a subculture opposed to Christian principles is not permitted.
15. Hairstyles are to be neat, clean, moderate, and in good taste. Hairstyle extremes and non-traditional, unnatural hair colors are not permitted. Boys' Hair may not have the potential to fall into the eyes (below eyebrows), go

past the bottom of the ear, and the length should not extend beyond the top of a regular shirt collar. Students who fail to get a haircut (that meets dress code requirements) when notified may receive a Discipline Referral weekly until their hair is cut.

16. Boys are to be clean-shaven, no beards or mustaches. Sideburns are to be no longer than the bottom of the ear.
17. No hats, scarves or gloves are allowed during the school day.
18. Students are not permitted to have writing, drawings, or temporary/permanent tattoos on their bodies.
19. Students must adhere to the Student ID Policy (See Section M.4.5).
20. Students who repeatedly ignore dress code multiple times in a day may have a lower conduct grade or a DR.

#### **M.4.2 Uniforms**

1. All middle school students are required to be dressed in appropriately-fitting uniform.
2. The Christian Academy Middle School uniform is available from Lands' End or Shaheen's. (*See below for details about uniform providers.*)
3. Use of the vendors listed below is required for all items *excluding pants and shorts*. These vendors have agreed to supply the appropriate uniform items according to standards acceptable for the Christian Academy uniform dress code. **Only clothing designated as Christian Academy uniform items purchased from these vendors is compliant with the English Station Middle School Uniform Dress Code.**
4. Alterations made to uniform items for purposes other than ensuring a traditional fit may disqualify that item from compliance with the uniform dress code.
5. Shoes must be worn correctly (i.e. students are not to walk on the heels) and laces must be tied. Shoes must be purchased and worn as a matching pair.
6. A uniform "Clothes Closet" is available on campus. Please contact the school office for more information.

**Uniform clothing may be purchased from:**

**Lands' End**

[www.landsend.com/cass](http://www.landsend.com/cass)

Preferred School Number: 900076662

**Shaheen's: [www.shaheens.com](http://www.shaheens.com)**

The Springs Store  
994 Breckenridge Ln.  
Louisville, KY 40207  
(502) 899-1550

Select items are available at the Centurion Armory (502-753-4598).

### M.4.3 Uniform Selections

<b>Middle School Girls Uniform</b>
<p><b>Polo Shirts:</b> Approved uniform <b>knit polo shirts</b> (red, white or navy) <b>with logo</b> or <b>Dri-fit polo shirts</b> (red or navy) <b>with logo</b>. Polo shirts may be short or long sleeved. If wearing an undershirt (T-shirt) beneath, <b>wear only a plain, solid color undershirt</b>. Polo style knit shirts may be worn <b>untucked, if fitted traditionally at the waist so it allows for movement without exposing the midriff or back</b>. Dri-fit, long sleeve, quarter-zip shirts in red, blue or navy can be worn as uniform shirts. If worn as outerwear, a uniform shirt must be worn underneath.</p>
<p><b>Shirts:</b> Button-down white or light blue oxford shirt (short, or long sleeved) (<i>Logo is optional</i>); a <b>white</b> camisole or <b>white</b> T-shirt will be required underneath.</p>
<p><b>V-Neck Sweater with Logo or Cardigan style with Logo:</b> Red or navy, worn over an oxford or uniform polo.</p>
<p><b>Shorts and Pants:</b> Navy or khaki uniform style that are traditional and appropriately fitted at the waist, seat, and length, and worn with a belt. May be pleated in front.</p>
<p><b>Leggings:</b> Worn under a uniform skirt ONLY. Solid navy or black and <b>MUST</b> come down to the ankle. No designs, emblems or symbols on the leggings. Sweat pants are not to be worn under skirts.</p>
<p><b>Belts:</b> Any solid color (extreme colors not allowed) worn in the belt loops. No studded or jeweled belts. Only traditional belt buckles permitted.</p>
<p><b>Sweatshirts/Jackets:</b> Any <b>official CAL</b> crewneck sweatshirt or full/quarter zip jacket <b>with logo</b> worn over a uniform knit shirt or oxford shirt. When wearing a sweatshirt, shirts must be tucked in. <b>Hooded sweatshirts are not permitted.</b></p>
<p><b>Skirts:</b> Solid navy or navy houndstooth check. <b>Skirt length should be to the top of the knee when standing and hemmed.</b></p> <p><b>Note:</b> It is suggested that skirts be hemmed in a manner that will allow for future growth. (See Section M.4.6)</p>
<p><b>Shoes:</b> Traditional style lace-up athletic shoes. (Sperry-like <u>with laces</u> acceptable) <b>* All shoes must be closed toe and closed heel, laced-up and tied.</b></p>
<p><b>Chapel Dress:</b> Uniform navy or houndstooth skirt (no pants) White or light blue oxford uniform shirt or blouse (with <b>white</b> cami or <b>white</b> T-shirt underneath) V-neck Sweater with Logo, Cardigan with Logo, or quarter-zip with Logo Tennis shoes (Sperry-like with laces acceptable) and socks <i>Chapel dress can be worn any day of the week.</i></p> <p><b>PLEASE NOTE: ALL clothing pieces must be in good condition with no holes, tears or frayed seams.</b></p>

<b>Middle School Boys Uniform</b>
<b>Polo Shirts:</b> Approved uniform <b>knit polo shirts</b> (red, white or navy) <b>with logo</b> or <b>Dri-fit polo shirts</b> (red or navy) <b>with logo</b> . Polo shirts may be short or long sleeved. Shirts should be tucked in and <b>only a plain, solid color shirt may be worn underneath</b> . Dri-fit, long sleeve, quarter-zip shirts in red, blue or navy can be worn as uniform shirts. If worn as outerwear, a uniform shirt must be worn underneath.
<b>Shirts:</b> Button-down oxford shirt, white or light blue, short or long sleeved ( <b>Logo optional</b> ), tucked in. ( <b>wear only a plain, solid color shirt underneath</b> )
<b>V-Neck Sweater with Logo or Vest with Logo:</b> Red or navy, worn over an oxford or uniform polo.
<b>Shorts and Pants:</b> Navy or khaki uniform style that are traditional and appropriately fitted at the waist, seat, and length, and worn with a belt. May be pleated in front.
<b>Belts:</b> Any solid color (extreme colors not allowed) worn in belt loops. No studded belts. Only traditional belt buckles permitted.
<b>Sweatshirts/Jackets:</b> Any <b>official CAL</b> crewneck sweatshirt or full/quarter zip jacket <b>with logo</b> worn over a uniform knit shirt or oxford shirt. When wearing a sweatshirt, shirts must be tucked in. <b>Hooded sweatshirts are not permitted.</b>
<b>Shoes:</b> Traditional style lace-up athletic shoes. (Sperry-like <u>with laces</u> acceptable) <b>*All shoe selections must be closed toe, and closed heel, laced-up and tied.</b>
<p><b>Chapel Dress:</b></p> <ul style="list-style-type: none"> <li>Uniform pants of choice (no shorts)</li> <li>Uniform light blue or white oxford shirt of choice (<i>Logo optional</i>)</li> <li>Tie of choice (no string or western ties or ties with offensive logos, slogans, or designs)</li> <li>V-Neck Sweater with Logo, Vest with Logo, or quarter-zip with Logo</li> <li>Tennis shoes (Sperry-like with laces acceptable) and socks</li> <li><i>All shirts tucked in.</i></li> <li><i>Chapel dress can be worn any day of the week.</i></li> </ul> <p><b>PLEASE NOTE:</b> ALL clothing pieces must be in good condition with no holes, tears or frayed seams.</p>

#### **M.4.4 Alternate Dress Days**

##### **T-Shirt Day**

- T-shirts must be an approved Christian Academy T-shirt and have a traditional fit with no rips/tears.
- Extreme lengths, sleeveless, and oversize styles are not allowed.
- Form fitting shirts are not allowed.
- T-shirts with logos, slogans, or designs that are offensive to Biblical standards are not allowed.
- All other dress code guidelines are to be observed.

##### **Jeans Day**

- Jeans must be in good condition and neat with no holes, patches, frayed ends or seams.
- Jeans must have a traditional style and fit. (Appropriately fitted at the waist, seat, legs, and length.) No overly skinny/tight fitting or baggy jeans.
- Jeans must have a consistent solid blue color (not streaked or faded).
- Belts are required.
- Students may wear a Christian Academy T-shirt or uniform polo on designated jeans days.
- All other dress code guidelines are to be observed.

### **Sweatpants and Hoodie Day**

- Sweatpants and hoodies must be in good condition and neat with no holes, patches, frayed ends or seams.
- Sweatpants and hoodies must have a traditional style and fit. No overly skinny/tight fitting or baggy.
- Hoodies must be only CAL branded. No other schools, logos or branding allowed.
- Sweatpants must be CAL branded or plain without logos or writing.

**◆ If alternate dress day guidelines are not followed the student will not be allowed to participate in future Alternate Dress Days. ◆**

### **Other**

- **Coaches must secure approval from the administration regarding when the team may wear their jerseys.**
- Teams will also be permitted to wear them on jeans days or for pep rallies.
- Sleeveless jerseys are to be worn with a school approved shirt (with sleeves) underneath or a team T-shirt may be worn instead of a jersey.
- Teams and programs may request jeans days.

### **M.4.5 Student ID Policy**

The purpose of this policy is to ensure the safety and security of all students and staff on the Christian Academy of Louisville Campus. ID cards help us in identifying students as well as visitors and potential trespassers. Student Identification (ID) Cards will be provided to every student.

1. **All students must wear their current year ID cards from 8:15 a.m. to 3:10 p.m.**
2. Display of IDs
  - a. The ID card must be worn on a breakaway lanyard hanging from their neck outside all layers of clothing and visible. Please see information on IDs/lanyards below.
  - b. Students are excused from wearing IDs during classes where they present a hazard to student safety, i.e. during Science labs. They should be properly secured during this time.
  - c. Only school IDs may be attached to the lanyard – no keys or other IDs are allowed.
  - d. The ID card must be presented to any school staff member or person of authority when seeking student identification.
3. IDs/Lanyards
  - a. The front and back of the ID card must remain unaltered in any way.
  - b. Students may use a lanyard of their choice, but **MUST** be a breakaway lanyard.
  - c. Logos, slogans or any designs contrary to biblical principles are not permitted on lanyards.
  - d. Lanyards may NOT be from other elementary, middle or high schools.
4. Lost, stolen, altered, damaged, and defaced ID Cards
  - a. Lost, stolen, altered, damaged, and/or defaced ID Cards must be replaced IMMEDIATELY through the Middle School office.
  - b. Destruction or defacement of the student ID is considered a Dress Code Violation (DCV).
  - c. There will be no charge for the first replacement ID and/or lanyard. Additional IDs will cost \$20. Additional lanyards will be available for \$2. Additional plastic covers are available for \$1.
  - d. Charges for replacements may be invoiced through FACTS.
5. Students are not to use old IDs from previous school years.

### **M.4.6 Dress Code Non-Compliance**

Parents of students in violation of the stated middle school dress code will receive an email notification of the dress code violation. Absolute defiance of the uniform dress code policy will be considered a major violation of the discipline code.

Students may be given various choices when their skirt length is in violation of the dress code. These may include but are not limited to: being asked to change clothes, given appropriate skirts when available in the office, asked

to take out hems and shown how to do so, and/or asked to call home to request alternative clothing be brought in for them.

<b>CONSEQUENCES FOR DRESS CODE VIOLATIONS (DCV)</b>	
<b>Time Frame – Semester</b>	
1 <sup>st</sup> – 2 <sup>nd</sup> DCV	Notice to Parents
3 <sup>rd</sup> DCV	Discipline Referral and Conference w/ Assistant Principal
<b>* Each subsequent DCV will result in a (DR) being issued and an after-school detention assigned.</b>	

#### **M.4.7 Parent Dress at School Events**

Since all adults are to be models of modesty before our students, we ask that parents please be vigilant of their dress. In light of the current styles, we ask that traditional norms of modesty be demonstrated in skirt length, necklines, and style.