M.4.0 DRESS CODE

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body. I Corinthians 6:18-20 NIV

The goal of our dress code is to establish high Christian standards for our school and our students. The code is meant to foster a student's self-respect and to provide the opportunity for students to make a positive statement in our community. Obedience, even in what may be perceived as minor things, is honoring to God and respectful to classmates who adhere to the uniform dress code. Thank you for reinforcing our core value of obedience by ensuring your child is in uniform dress.

Middle school students are required to be in dress code beginning with the first day of school. To the greatest degree possible, uniform guidelines will be followed consistently. Effort has been made to coordinate the middle school uniform policy with the uniform programs in elementary and high school. However, each program is separate and distinctive. **Do not assume that what is acceptable at one level is also acceptable at either of the other grade levels.** Please refer to the specific uniform policy for the grade level of your student.

M.4.1 General Guidelines

These guidelines apply to regular school days, extra-curricular activities, and all school events.

- 1. Students are expected to dress according to uniform/dress code guidelines from the time they arrive on any Christian Academy campus for school until they leave school for the day or begin practice for sports.
- 2. Students are to use good judgment in dressing for extracurricular activities in a manner that reflects modesty, neatness, and cleanliness. Although the rule of the uniform dress code may not be enforced for extra-curricular activities, students' appearance should reflect its spirit.
- 3. All garments must be modest, neat, clean, and pressed when wrinkled. All garments are to have a traditional fit. An item with a traditional fit is appropriately fitted in the shoulders, waist, leg, seat, bodice, and length. Oversize styles are not permitted.
- 4. Garments that are very thin, semi-transparent or "see through" are not permitted. Tight-fitting, clinging, sleeveless, midriff, low-cut or high-slit garments are not allowed.
- 5. Slacks must be in good condition with no holes and cut or frayed seams.
- 6. A belt must be worn with any garment that is designed with belt loops. Belts are to be a solid color (extreme colors not allowed), must be an appropriate length, and must be worn in the belt loops. Only traditional belt buckles permitted.
- 7. Skirt length should be to the top of the knee when standing.
- 8. All shirts are to be appropriately buttoned (including collar and cuffs) and tucked in neatly at all times. Shirts may not be overly bloused at the waistband. Plain, solid color undershirts (tee shirt) are to be worn. Undershirts (tee-shirt) sleeves may not be longer than the uniform sleeve but long sleeve shirts can be worn under polos.
- Any appropriate coat or jacket may be worn to and from school. Students may wear any official CAL approved outerwear (1/4 zip, crew, jacket, etc.) during school. All other coats, jackets, and hooded sweatshirts are to be left in lockers during the school day.
- 10. Traditional jewelry should be worn in moderation and good taste. Boys may not wear earrings at school or at school functions.
- 11. Make-up, when worn, should be applied with appropriate measure. Make-up that is too heavy or dark will be addressed with the individual.
- 12. Logos, slogans, or any designs that are offensive in a Christian school are not permitted on any item. Any manner of grooming or dressing that imitates a subculture opposed to Christian principles is not permitted.

- 13. Hairstyles are to be neat, clean, moderate and in good taste. Hairstyle extremes and non-traditional, unnatural hair colors are not permitted. Boys' hair must not have the potential to fall into the eyes (below eyebrows), or go past the bottom of the ear, and the length should not extend beyond the top of a regular shirt collar.
- 14. Boys are to be clean-shaven, no beards or mustaches. Sideburns are to be no longer than the bottom of the ear.
- 15. Students are not permitted to have writing, drawings, or temporary/permanent tattoos on their bodies.

M.4.2 Uniforms

- 1. All middle school students are required to be dressed in appropriately-fitting uniform.
- 2. The Christian Academy Middle School uniform is available from Coffman's School Uniforms, Lands' End, or Shaheen's. (*See below for details about uniform providers.*)
- 3. Use of the vendors listed below is required for all items *excluding pants and shorts*. These vendors have agreed to supply the appropriate uniform items according to standards acceptable for the Christian Academy uniform dress code. **Only clothing designated as Christian Academy uniform items purchased from these vendors is compliant with the Christian Academy Middle School Uniform Dress Code.**
- 4. Alterations made to uniform items for purposes other than ensuring a traditional fit may disqualify that item from compliance with the uniform dress code.
- 5. All middle school students are required to purchase a PE uniform that will be worn during PE classes. Ordering information will be provided by the PE teacher. Students must wear athletic shoes during PE classes.
- 6. ALL clothing pieces must be in good condition with no holes, tears or frayed seams.
- 7. A uniform "Clothes Closet" is available on campus with limited sizes and quantities. Please contact the school office for more information.

Uniform clothing may be purchased from:

Coffman's School Uniforms 4951 Manslick Rd. Louisville, KY 40261 (502) 361-1601 http://coffmanslouky.com

Shaheen's: www.shaheens.com The Springs Store 994 Breckenridge Ln. Louisville, KY 40207 (502) 899-1550 French Toast (for slacks/shorts) www.frenchtoast.com

Lands' End www.landsend.com/cass Preferred School Number: 900076662

Select items are available at the Centurion Armory on the English Station Campus (502-753-4598).

M.4.3 Uniform Selections

Middle School Girls Uniform

Polo Shirts: Approved uniform **knit polo shirts** (red, white or navy) **with logo** or **Dri-fit polo shirts** (red or navy) **with logo**. Polo shirts may be short or long sleeved. If wearing an undershirt (T-shirt) beneath, **wear only a plain, solid color undershirt.** *Polo style knit shirts may be worn **untucked, if fitted traditionally at the waist so that it allows for movement without exposing the midriff or back.** Dri-fit, long sleeve, quarter-zip shirts in red, blue or navy can be worn as uniform shirts. If worn as outerwear, a uniform shirt must be worn underneath.

Shirts: Button-down white or light blue oxford shirt (short, long sleeved) *(Logo optional)*; a **white** camisole or **white** t-shirt will be required underneath.

V-Neck Sweater with Logo or Cardigan style with Logo: Red or Navy, worn over an oxford or uniform polo.

Shorts: Navy or Khaki/Plain or Pleated Front

* Pants and shorts purchased at other vendors must be similar in color and design as the uniform items from **Coffman's**, **Lands' End**, and **Shaheen's** and may not have a label showing.

Pants: Navy or Khaki/Plain or Pleated Front

* Pants and shorts purchased at other vendors must be similar in color and design as the uniform items from **Coffman's**, **Lands' End**, and **Shaheen's** and may not have a label showing.

Leggings: Worn under a uniform skirt ONLY. Solid navy or black and **MUST** come down to the ankle. No designs, emblems or symbols on the leggings.

Belts: Any solid color (extreme colors not allowed) worn in belt loops. No studded or jeweled belts. Only traditional belt buckles permitted.

Sweatshirts/Jackets: Any **official CAL crewneck** sweatshirt (including those purchased from the CAL Armory) or full/quarter zip jacket **with logo** worn over a uniform knit shirt or oxford shirt. When wearing a sweatshirt, shirts must be tucked in. CAL hooded sweatshirts are for Spirit Wear days only. Students may wear the official CAL fleece jackets on chapel day as part of their chapel uniform.

Skirts: Solid navy or navy houndstooth check. Skirt length should be to the top of the knee when standing and hemmed. For modesty purposes, girls must wear navy or black modesty shorts under their skirts (sold at Shaheen's and through Land's End).

Note: It is suggested that skirts be hemmed in a manner that will allow for future growth.

Shoes: Low-heeled lace-up oxfords, slip-on loafers, indoor boots below the knee, heels up to 2½ inches, or standard athletic/tennis shoes should be worn. <u>All shoes must be closed toe and closed heel.</u> <u>Shoes with laces must be laced-up and tied.</u>

*Students must wear athletic shoes during PE classes.

Socks (required): Any solid color crew or shorter (must be visible at all times and **must** be a matching pair) **or** navy or black tights or knee socks.

Chapel Dress: Uniform navy or houndstooth skirt

White or light blue oxford uniform shirt or blouse (with white cami or white t-shirt underneath)
V-Neck Sweater with Logo or Cardigan with Logo
Tennis shoes (Sperry-like with laces acceptable) and socks
Sweatshirts are not permitted on chapel day (Thursday).
Chapel dress can be worn any day of the week, but is required on Thursdays.

Middle School Boys Uniform

Polo Shirts: Approved uniform **knit polo shirts** (red, white or navy) **with logo** or **Dri-fit polo shirts** (red or navy) **with logo**. Polo shirts may be short or long sleeved. If wearing an undershirt (T-shirt) beneath, **wear only a plain, solid color undershirt**. Dri-fit, long sleeve, quarter-zip shirts in red, blue or navy can be worn as uniform shirts. If worn as outerwear, a uniform shirt must be worn underneath.

Shirts: Button-down oxford shirt white or light blue, short or long sleeved **(Logo optional).** (If wearing a T-shirt beneath, **wear only a plain white T-shirt**).

V-Neck Sweater with Logo or Vest with Logo: Red or Navy, worn over an oxford or uniform polo.

Shorts: Navy or Khaki/Plain or Pleated Front

* Pants and shorts purchased at other vendors must be similar in color and design as the uniform items from **Coffman's**, **Lands' End**, and **Shaheen's** and may not have a label showing.

Pants: Navy or Khaki/Plain or Pleated Front * Pants and shorts purchased at other vendors must be similar in color and design as the uniform items from **Coffman's**, **Lands' End**, and **Shaheen's** and may not have a label showing.

Belts: Any solid color (extreme colors not allowed) worn in belt loops. No studded belts. Only traditional belt buckles permitted.

Sweatshirts/Jackets: Any **official CAL crewneck** sweatshirt (including those purchased from the CAL Armory) or full/quarter zip jacket **with logo** worn over a uniform knit shirt or oxford shirt. When wearing a sweatshirt, shirts must be tucked in. CAL hooded sweatshirts are for Spirit Wear days only. Sweatshirts are not permitted on chapel day. Students may wear the official CAL fleece jackets on chapel day as part of their chapel uniform.

Shoes: Low-heeled lace-up oxfords, slip-on loafers, indoor boots below the knee, or standard athletic/tennis shoes should be worn. * <u>All shoes must be closed toe and closed heel. Shoes with laces must be laced-up and tied.</u>

* Students must wear athletic shoes during PE classes.

Socks (required): Any color crew socks or shorter (must be visible at all times) and **must** be a matching pair.

Chapel Dress: Uniform slacks of choice

Uniform light blue or white oxford shirt of choice (Logo optional) Tie of choice (no string or western ties or ties with offensive logos, slogans, or designs) V-Neck Sweater with Logo or Vest with Logo Tennis shoes (Sperry-like with laces acceptable) and socks Sweatshirts are not permitted on chapel day (Thursday). Chapel dress can be worn any day of the week, but is required on Thursdays.

M.4.4 CAL Spirit Wear Dress Days

CAL Spirit Wear Day

- CAL shirt, CAL t-shirt, CAL sweatshirt, CAL hooded sweatshirt, CAL uniform or polo (only).
- CAL sweat pants (sold by school-approved vendors), CAL shorts (sold by school approved vendors), CAL MS PE uniform, or jeans with appropriate fit and in good condition (see jeans specifications below). Uniform shorts or uniform pants may also be worn.
- CAL Spirit Day is not required, but if a student chooses to participate, these are the expected dress code guidelines for participating. Middle school students will receive dress code violations if they are not in compliance with CAL Spirit Day guidelines. Spirit Wear Days are every Friday and optional for the cost of \$1 per Spirit Wear Day.

◆ If CAL Spirit Wear Dress Day guidelines are not followed the student will not be allowed to participate in future CAL Spirit Wear Days. ◆

Jeans Specifications

- Jeans must be neat and have a hem with no frayed ends or seams.
- Jeans must be in good repair with no holes or patches.
- Jeans must have a traditional style and fit. (Appropriately fitted at the waist, seat, legs, and length.) No overlyskinny jeans, baggy jeans, capri jeans, form-fitting jeans, or jean shorts.
- Jeans must have a solid blue consistent color (not streaked or faded).
- Belts are required.
- Students may wear a Christian Academy T-shirt or uniform polo on designated jeans days.
- All other dress code guidelines are to be observed.

Other

- Each team will be allowed to wear their jerseys or team t-shirt once during the season.
- Coaches must secure approval from the administration regarding when the team may wear their jerseys.
- Teams will also be permitted to wear them on CAL Spirit Wear Days.
- Jerseys are to be worn with uniform pants or skirts except on jeans day.
- Sleeveless jerseys are to be worn with a school approved shirt (with sleeves) underneath or a team t-shirt may be worn instead of a jersey.

* All garments must be modest, neat, clean, and pressed when wrinkled. All garments are to have a traditional fit. An item with a traditional fit is appropriately fitted in the shoulders, waist, leg, seat, bodice, and length. Oversize styles are not permitted. Garments that are very thin, semi-transparent or "see through" are not permitted. Tightfitting, clinging, sleeveless, midriff, low-cut or high-slit garments are not allowed. Slacks must be in good condition with no holes and cut or frayed seams.

M.4.5 Dress Code Non-Compliance

Students in violation of the stated middle school dress code will receive a written dress code violation, which they will be required to take home and have signed by a parent. Parents may also be contacted to bring alternative clothing to school if needed. Absolute defiance of the uniform dress code policy will be considered a major violation of the discipline code.

PENALTIES FOR DRESS CODE VIOLATIONS (DCV)	
Time Frame – Semester	
1 st – 2 nd DCV	Notice to Parents
3 rd DCV	Discipline Referral (after-school detention) and Conference w/ Principal
* Each subsequent DCV will result in a (DR) being issued.	

M.4.6 Parent Dress at School Events

Since all adults are to be models of modesty before our students, we ask that parents please be vigilant of their dress. In light of the current styles, we ask that traditional norms of modesty be demonstrated in all attire, such as skirt length, necklines, and style.