

WELCOME TO THE CAFETERIA

What is a Lunch?*



1. The meal listed on the monthly menu with milk or 8oz water.

(Ex. Southern Style Chicken, Buttered Noodles, Green Beans, and Roll)

2. If you do not want the entrée of the day (Ex. Southern Style Chicken), you may choose to substitute it with one of the following choices:

- | | |
|-------------------|--|
| 1. PBJ Sandwich | 3. <u>Bowl</u> of salad from the salad bar |
| 2. Yogurt Parfait | 4. Bowl of homemade soup |

Deli Sandwiches & Chick-fil-A are always a la carte and not part of the lunch meal

3. If you do not want anything from the menu you may choose to get a plate of salad from the salad bar. The salad bar comes with:

- | | | |
|-------------------|-------------------------------------|----------------------|
| 1. Plate of salad | 2. One package of dressing/crackers | 3. Milk or 8oz water |
|-------------------|-------------------------------------|----------------------|

Make good choices: Buy the lunch! It's the best deal.

À La Carte

You can purchase anything you want from the snack room. **Soda Cooler is marked HS lunch only.** Lemonade, Sparkling Ice, and Iced Tea are available for you to purchase.

If you choose to purchase à la carte- it can get expensive. Parents can monitor what you spend on My Payments Plus. Make good choices.

Keep track of when you need money! Lunch accounts are not credit accounts - you should keep a positive balance. Negative balances are subject to limited offerings.

*Download the My Payments Plus app for iPhone or iPad

Please turn in lunch money to the office or teacher.

***Please write your child's name or ID in the memo line on checks.**

***Please write your child's name and the amount of cash enclosed on the outside of a sealed envelope.**

2022-2023 Price List

Lunch Meal/Salad Bar	\$4.25
Entree	\$2.50
Pasta/Fruit/Vegetable	\$1.25
Chick-fil-a entree	\$4.50
Chick-fil-a combo	\$5.50
Hoagie Sandwich	\$3.75
Fresh Bakery Bread/Cinnamon Rolls	\$1.50
Fries	\$1.25
Biscuit/Donut/Muffin	\$1.00
Chips/Cookies/Cereal/Granola Bars	\$1.00
Peanut Butter cup	\$.50
Roll/Dessert/String Cheese	\$.50
Core Power/Naked Brand Juice	\$3.50
Peace Tea/Ice Cream	\$2.00
Smart Water/Perrier/Cran-Grape Juice	\$1.50
Dasani/Sparkling Ice/Apple Juice/Powerade/14 oz Milk	\$1.25
Cappuccino/Iced Tea/Fountain Drinks	\$1.00

After School Sales

The snack room is open for purchases after school until 3:30. If you are staying after school for any activities, you are invited to come down and purchase snacks/drinks. You may use your account. You may not make purchases if you are a bus-rider.

*****WEAR YOUR ID*****

ID's are required to make purchases in the cafeteria. This makes your checkout faster and more efficient.