

Fall 2022 - October

# CALMS NEWSLETTER

Welcome, or welcome back, to CALMS!

We are looking forward to continuing to bring together our CALMS community each day.

Please take a few minutes to review our newsletter.

It contains helpful information, including important dates, Chapel News, and House Announcements.

We know a strong partnership with you will make a great difference in your child's education.

We share the responsibility for our children's success and want you to know that we will do our very best to carry out our responsibilities.

We ask that you pray for our families, students, and staff as we work together to grow in Christ this school year.



## Important Dates

*\*All Dates Subject to Change\**

- 10/6 & 7 - Teacher PD Days - No School
- 10/10 & 11 - Fall Break/No School
- 10/14 - Quarter 1 Ends
- 10/17 - Quarter 2 Begins
- 10/17 - MS/HS Choir Concert, 6:30 p.m.
- 10/18 - ES Fall Open House, 6:00-8:00 p.m.
- 10/20 - MS/HS Orchestra Concert, 6:00 p.m.
- 10/24-10/28 - Spirit Week (more details to follow)
- 11/21 - MS/HS Percussion Ensemble Concert, 6:30 p.m.
- 11/23-11/25 - Thanksgiving Break
- 12/5 - MS/HS Band Concert, 6:30 p.m.
- 12/6 - MS/HS Orchestra Concert, 6:00 p.m.
- 12/8 - MS/HS Choir Concert, 6:30 p.m.
- 12/13 - 5th/6th Grade Band Concert, 6:30 p.m.
- 12/16 - Quarter 2/Semester 1 Ends
- 12/19-1/2-Christmas Break

## MESSAGE FROM YOUR PTO.....

DO YOU HAVE ANYONE LEFT TO SHOP FOR ON YOUR CHRISTMAS LIST?  
IF SO... SHOP CHARLESTON WRAP IS HERE!

Shop for EVERYONE on your list! EVERY purchase makes a difference!  
Shop for those you love in the comfort of your home and our school gets a percentage! Win! Win! AND don't forget to register to be eligible to win one of four Charleston wrap items!

Click the link below and use the organization code 20295!

<https://www.registercw.com/>

## CALMS House News

CALMS says **"Welcome Home"** to our students for the 22-23 school year. Our houses are an exciting way to celebrate our students while creating a positive school climate. Our students are recognized for their efforts through a process that builds character, empowers academic excellence, fosters school spirit, enhances relationships, and promotes a culture of belonging for all.

**Ask your child about their house!**

- **COURAGEOUS** - Fortem
- **APPRECIATIVE** - Zahvalan
- **LOVING** - Dashuri
- **MINDFUL** - Mahara
- **SERVANTS** - Servitas
- **DREAMER** - Reveur

**CALMS Spirit month starts in October**  
**Stay Tuned!**

*OUR DEEP HOPE - helping our students grow in Wisdom, Stature, and Favor with God and Man- as Jesus did.*

## We strive for “engaged learning”

As we define engaged learning at CALMS, we are focusing on holistic, developmental, contextual, and integrative approaches to help students make long lasting connections to content, while staying fixed in the person of Jesus and the Word of God.

Our three relevant principles to engagement in a Christian education include:

God has created students as whole beings (mind, body, soul, spirit) in His image (Genesis 1:27, Psalm 49:9). God has made each person unique “just as he wanted them to be” (1 Corinthians 12:17–20) and endowed them with “different kinds of gifts ... for the common good” (1 Corinthians 12:4–7). Christian education should prepare students for the good works that God has intended for them to do (Ephesians 2:10, 2 Timothy 3:16–17) by providing opportunities for hands-on learning and skill building.

*Info adapted from ACSI 2022*

## Chapel Information for the Fall

The last week of September marked the end of our Quarter 1 theme: **Redeemed: “What Is Our Worth?”**

The beginning of October starts our new quarter focus: **Redeemed: “What Do We Sell Ourselves To?”**

The topics we will explore in October are: Image, Social Media, Music, and Movies and Allegiance.

## Reminders...

**Students are encouraged daily to put their Student ID in their locker at the end of the day.**

The quickest way to reach the middle school receptionist is by emailing her at [msreception@caschools.us](mailto:msreception@caschools.us)

Many questions you have or resources you may need for middle school can be found [HERE](#)

The start time for middle school is 8:10 a.m. (warning bell rings at 8:05 a.m.).

If your student arrives after 8:10 a.m., please have them sign in the front office (Door #1) AND the middle school office - Students will then be given a note to class.



CALMS

## Counselors Corner

It has been a great start to the school year. Mr. Barnett and Mrs. Patrick have enjoyed getting to meet individually with students, as well as speaking to students in their Bible classes. For the month of August, both counselors spent time introducing themselves and getting to know the students. September is National Suicide Prevention Month. Both counselors met with students in their Bible classes to discuss Mental Health and Wellness. Students were given resources and tools on how to deal with stress, anxiety, and sadness. One resource was a list of coping mechanisms to help them when they are in stressful situations. The most important takeaway from these conversations was to always talk to a trusted adult.

We have included a couple of resources for parents. Both are from Axis and are parent guides to suicide and self-harm prevention as well as depression and anxiety.

[Axis-Parents-Guide-to-Suicide-Self-Harm-Prevention-1](#)  
[Axis-Parents-Guide-to-Depression-Anxiety-1](#)

If you have questions or need assistance, **Mrs. Patrick** ([mpatrick@caschools.us](mailto:mpatrick@caschools.us)) is the 6th grade Counselor, Registrar, and handles administrative issues for all MS students.

**Mr. Barnett** ([tbarnett@caschools.us](mailto:tbarnett@caschools.us)) is the 7th and 8th grade Counselor, Spiritual Life Coordinator, and House Chair.