



CAL Youth Football FUNdamentals Mini-Camp



Head Football Coach Hunter Cantwell and the youth football staff are proud and excited to host the **CAL Youth Football FUNdamentals Mini-Camp**. Our mini-camp is designed for all CAL boys currently in grades K-5. We have a fast paced, action packed schedule of agility and skill drills focused on developing our young players. We will be working on individual skills such as: Taking Handoffs, Route Running and Pass Catching, Stances and Blocking Techniques as well as many more drills to help prepare us for the upcoming football season.

Our goal is to refresh player's skills, to create an environment of fellowship among players and parents, all while providing individual football instruction and coaching. We also want to give those who may not have participated in football thus far an opportunity to see what CAL football is all about by getting on the field and trying it out. We hope this will springboard our youth teams into a fun filled and successful '23 football season.

Please complete this registration [form](#) if your son is interested in participating in mini-camp. Please contact Rebecca Mauzy via email rmauzy@caschools.us or text 502-529-9741 if you have any questions.

CAMP DATES & LOCATION

May 15th 6:30PM-8:00pm CAL English Station – Stadium Turf Field

May 16th 6:30PM-8:00pm CAL Southwest – Grass field in front of the school building

May 18th 6:30PM – 8:00PM CAL English Station – Stadium Turf Field

Who: All CAL boys **CURRENTLY** in grade K-5 with an interest in working on football skills. All boys are welcome regardless of prior experience. *You do not have to have played football to participate in our drills.*

ATTIRE: T-Shirt, Shorts, Cleats or Tennis Shoes

BRING: A water bottle/jug and a Positive Attitude and Willingness to work hard!

NOTE: This is a **No-Cost** event. But registration is encouraged!

WE WILL ALSO HAVE SIGN-UPS FOR THE 2023 FOOTBALL SEASON DURING THE CAMP.

We realize spring is a busy time for families. This is a completely optional opportunity. Please do not feel obligated if you have prior sport commitments.

