



# INTRAMURAL SPORTS

## 2023 -2024

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### FALL

Sign ups emailed out early August

**Cross Country:** Co-ed, 2<sup>nd</sup> - 5<sup>th</sup> grades. Limited to the first 25.  
Each Campus has their own team.

**Tennis:** Co-ed, 2<sup>nd</sup>-5<sup>th</sup> grades. Limited to the first 25.

**Cheerleading:** Girls only, K - 5<sup>th</sup> grades.

**Volleyball:** Girls only, K – 3<sup>rd</sup> grades.

**Competitive Volleyball teams:** Girls only, 4<sup>th</sup>-5<sup>th</sup> grades.  
Practices at English Station campus.

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### WINTER

Sign ups emailed out late September/early October

**Basketball:** Co-ed, K-3<sup>rd</sup> grades.

**Competitive Basketball teams:** 4<sup>th</sup>-5<sup>th</sup> grades.

Tryouts for team selection.

Practices/games at English Station campus.

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### SPRING

Sign ups emailed out mid to late February

**Track:** Co-ed, 2<sup>nd</sup> - 5<sup>th</sup> grades. Limited to the first 30.  
Each campus has their own team.

**Field Hockey:** Girls only, 1<sup>st</sup> - 4<sup>th</sup> grades.

Practices/games at English Station campus.

*Specifics on start and end dates will be included in the sign up email.  
Students are allowed to sign up for one sport per season.*