



CAL Elementary Sports

FALL:

Sign ups emailed out early August

Cross Country: Co-ed, 2nd- 5th grades

Tennis: Co-ed, 2nd-5th grades

Football (Tackle): Boys, 1st - 5th grades

Cheerleading: Girls, K - 5th grades

Volleyball : Girls, 1st - 5th grades

Field Hockey: Girls, 5th grade

WINTER:

Sign ups emailed out late September/early October

Basketball : Co-ed, K - 3rd grades

Basketball: Boys/Girls, 4th-5th grades

SPRING:

Sign ups emailed out mid to late February

Track: Co-ed, 2nd - 5th grades

Field Hockey: Girls, 1st- 4th grades

Lacrosse: Boys/Girls, 5th grade

Specifics on registration, start and end dates, and fees will be included in the sign up email from the Athletics Department.

Registrations to be completed in Facts Family Portal.

Students are allowed to sign up for ONE sport per season.