



Christian Academy
OF LOUISVILLE

CAL HIGH SCHOOL FAMILY NEWSLETTER FALL 2026-2027

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STUDENT
OF THE
WEEK

CLICK
HERE FOR
THE VIDEO!

RESOURCES & UPCOMING

CANVAS logon & tips

TECHNOLOGY FAQS PTO Hospitality -
how to help!

NEW FAMILY
TAILGATE

August 28 6 PM

- Free tickets to game!
- Great food sponsored by Jagers
- Games, Fellowship & FUN!

Questions?
Contact Kate Griffiths
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JAGGERS

From Mr. Behnken...

Former Secretary of Defense and 4-Star General James Mattis penned the book *Call Sign Chaos*. There are many interesting pieces of useful information, but one that stuck with me the most was the simplicity of focusing on the basics and repeating them until you cannot get them wrong (as opposed to until you get them right).

This hyper-focus on the “big rocks” proved useful in his experience and both our students and our staff can benefit from it. In my experience, the most important ingredient to student success is effective executive functioning. This student success goes beyond simply learning material. It refers to all the responsibilities students have in each class—readings, homework, papers, projects, etc.—and the ability to prioritize what to do and complete each task in the assigned time frame. Students who can effectively manage their “student life and responsibilities” achieve success consistently.

The first counsel I provide to students who are struggling always begins with how they remain aware of their workload and plan for its completion. Being one who was not a “natural” at these skills, you must continue to seek to find a system that works. The key point is that it must become a system. Parents, you might support your struggling student by helping him or her develop a calendar or list of assignments, projects or tests during the coming week and planning out the week with them (in a 15 minute meeting each Sunday?—think of this as a prep meeting for the week). Understand that this will be a trial-and-error experience for your student (and you as you choose to engage). Don’t give up if the first couple options don’t work out. Consider consulting books from the business world focusing on efficiency in the workplace or executive function for tips also (Covey, et al).

If your student can become “brilliant in this basic” skill, they will sense a comfort with their classes and a confidence that they have not yet experienced.

Whether student, teacher or parent, let’s all strive to be brilliant in the basics of our roles—the simplicity of this mindset provides a peace and confidence not common in the turbulent world we live in.

Have a great week, Centurions!

FAMILY CALENDAR

You can always access the High school calendar online [HERE](#).

Major Dates

All Dates Subject to Change

8/25 - Picture Day

(9th, 10th and 11th grades only)

9/4 - HS Retreat Day

9/12 - Homecoming Dance

9/17 - Parent Night

9/25 - Senior Carnival

10/5 - 10/9 - Fall Break

10/15 - Picture Retake Day

(All HS, including seniors)

10/20 - PSAT (10th and 11th)

10/30 - No School

11/2 - No School

11/25 - 11/27 - Thanksgiving Break

12/16 - Final Exams

(Periods 1, 4 and 7)

12/17 - Final Exams

(Periods 2 and 5)

12/18 - Final Exams

(Periods 3 and 6)

High School Counselors

We are excited to introduce you to Amy Medley, who is joining our high school counseling team this year! We are grateful to have her joining our CAL family and look forward to the support, care and expertise she will bring to our students and families.

Amy is the proud mom of two CAL alumni, Jack ‘20 and Grant ‘21. During their years here, her family stayed busy with the band program and the football, baseball, and soccer teams. Her husband, Jeff, a police officer, also served the school for several years as an assistant coach with middle school football.

Amy brings 30 years of experience in education—including 15 years as a high school counselor at Manual High School, to her new role. She holds degrees from Campbellsville University and Western Kentucky University. Amy and Jeff are members at Southeast Christian Church. In her spare time, she enjoys family, tennis and playing with her dog, Emma.

Please join us in welcoming Mrs. Medley to CAL!