Christian Academy
OF LOUISVILLE

CAL HIGH SCHOOL FAMILY NEWSLETTER
FALL 2026-2027

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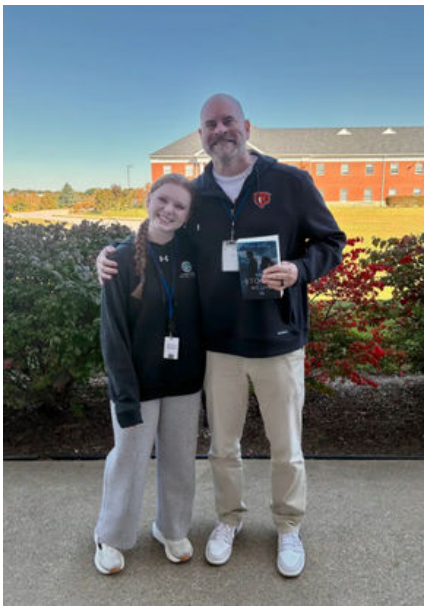
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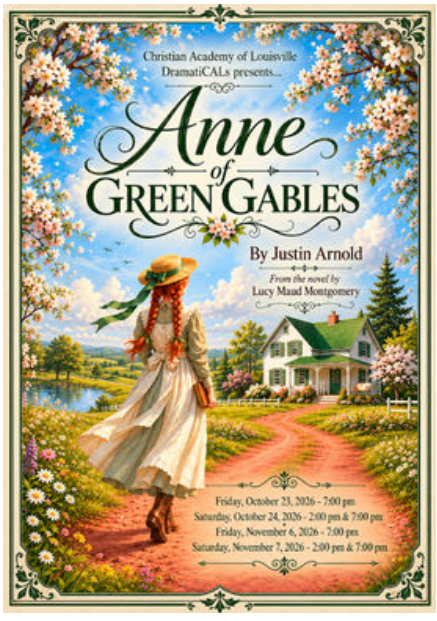




CLICK HERE FOR THE VIDEO!

RESOURCES & UPCOMING





TECHNOLOGY FAQS

CANVAS logon & tips

Buy your ticket to the HS play now by clicking here!

From Mr. Behnken...

Nosce te Ipsum. Scire puerum tuum.

English translation: "Know thyself. Know thy child"

One of the most impactful activities I ever did with a group of students was to have them take a self-assessment personality test. The class was called "Intro to Business", but at the end of the semester, they felt a better title would be "Intro to Life". One of the biggest challenges young people face is self-awareness. This self-awareness has many (many!) facets. Self-aware of: their strengths, challenges, natural tendencies, how they come across to others. This is just to name a few of them.

Back to my story. The group of 9 students took two different assessments with the goal of simply understanding some of each students natural tendencies. These tests were free online and were shortened or summarized versions of two more well-known personality assessments (DISC and Meyers-Briggs. Here is an example. Note: This is not an endorsement of either of these tests. They were simply what was recommended for by professionals I knew who understood the importance of students grasping their strengths.)

The responses from the students and the discussions that followed were very interesting. Often, they would acknowledge and agree with broad designations (extrovert or introvert) but push back against some of the finer details. But all agreed that it helped them become more aware of their "gut reactions" to certain events– and how their personality makeup impacted this. The conclusion drawn was that each of them was made "on purpose and for a purpose" by the Most High God. And that (Psalm 139) our God "knit them together in their mother's womb" and (Isaiah 25) that the Lord "has done wonderful things, plans formed of old, faithful and sure." In a world where the enemy is constantly seeking to confuse our young people about their identity, these truths from God's word are the antidote to the lie that God made mistakes when forming each one or that His plans are in some way wrong.

In concluding the unit, I asked them to discuss the test results with Mom and Dad and to ask their parents to share what they think about what the tests pointed toward. Parents of the students said it led to great discussions and opportunities to speak life into their student emphasizing the gifts the Lord had placed into them and refocusing on encouraging them toward *how* they would use those gifts to serve God both now and in their future years. Concluding: Have you spent time strategizing how to develop and intensify your student's strengths? How to support their challenges? How to help them do the same? Hopefully these are helpful for you to ponder.

Have a great week!

FAMILY CALENDAR

You can always access the High school calendar online HERE.

Major Dates

All Dates Subject to Change

11/6, 11/7 - HS Play
10/30 - No School
11/2 - No School
11/5 - Open House
11/25 - 11/27 - Thanksgiving Break
12/16 - Final Exams
(Periods 1, 4 and 7)
12/17 - Final Exams
(Periods 2 and 5)
12/18 - Final Exams
(Periods 3 and 6)
12/21 - 01/01 - Christmas Break
01/4 - No School
01/05 - Begin Second Semester

A note from our counselors...

As we wrap up October, the High School Counseling Department encourages parents to take a few minutes to review their student's grades in FACTS and discuss their academic progress. With the first quarter behind us, this is a great time to celebrate successes, identify areas that may need improvement, and establish goals for the remainder of the semester. Encourage your student to communicate with teachers, stay organized, complete assignments on time, and seek help when needed. As we approach the busy holiday season, maintaining a consistent routine, managing time wisely, and balancing schoolwork with extracurricular activities are especially important.

Students should also continue to take care of their emotional well-being by getting adequate rest, staying connected with family and friends, and making time for healthy activities. Please remind your student that the counseling office is available to provide support with academic planning, personal concerns, and future college and career goals. Thank you for partnering with us to help your student finish the semester strong!