



HS swimming has strong showing at state first round CAL advances to state finals in five events

The high school swim team competed in seven events at the KHSAA state first round meet last Saturday at Ralph Wright Natatorium.

CAL had a number of standout performances, including a pair of first place finishes.

Kate Braeger won the intermediate medley with a time of 2:02.22 and enters

the state meet with the best time in the event. The junior also took second place in the 100 backstroke with a time of 0:54.44.

The team of Braegger, Jillian Beardsley, Rebekah Hammond and Raegan Guilford won the 200 freestyle relay with a time of 1:42.30. The same squad also finished third in the 400 freestyle relay.

The quartet will compete at the state meet in both events.

Raegan Guilford rounded out the meet on the girls side with a 14th place finish in the 500 freestyle.

For the boys team, Jack Borrage qualified for the state meet in both the 100 breaststroke and 200 intermediate medley. His times of 1:01.91 and 2:00.64 were

good for seventh and 11th place, respectively in the two events and put him just inside the cut line for state.

Aden Braeger also competed at semi-state, finishing 13th in the 500 freestyle with a time of 5:13.98.

CAL will compete in five events at the state finals on Feb. 20-21 at the University of Kentucky's Lancaster Aquatic Center.

Varsity girls basketball beats Eastern in OT thriller

The varsity girls basketball team earned a pivotal win last Friday, defeating 28th District rival Eastern 63-51 in overtime.

The game was tight the whole way, with neither team leading by more than two points at the end of any quarter.

Eastern's largest lead came in the fourth quarter, but the Centurions battled back and tied the game late. CAL had the final possession of regulation with a chance to win, but a shot from inside the paint was turned away to force overtime for the first time this season.

The Centurions responded well in the extra period, shutting out the visitors with a 12-0 run to run away with the contest.

Seventh grader Kathryn Cline took over in overtime, scoring nine of her 23 points. Freshman Candice Smith carried the load in regulation with a team-high 26 points.

With the win, CAL improved to 2-1 against 28th District foes this season. The

district tournament bracket will be finalized after the Ballard-Eastern game this Friday.

Earlier in the week, CAL rolled past Fairdale 52-21 at home on Tuesday.

Smith led CAL again with 24 points, and senior Katie Hendricks had her best offensive output of the season to date with 18 points. Hendricks knocked down four 3s on eight attempts in the game.

The Centurions will honor Hendricks with a senior night ceremony this Thursday prior to their home game against Thomas Nelson. CAL will also travel to South Oldham this Saturday at 1:30 p.m.



Varsity boys basketball rolls in 2nd half against Eastern

The varsity boys basketball team completed 28th District regular season play with an 80-56 win over crosstown rival Eastern on Feb. 7.

CAL got off to a slow start offensively and trailed 30-25 going into halftime, but the Centurions hit the stride coming out of the locker room.

CAL reeled off a 20-0 run early in the third quarter and led 54-41 by the end of the period.

The Centurions stayed hot in the fourth quarter with

26 more points and went on to win comfortably.

Junior JJ Washington led CAL with 24 points, followed by 19 from freshman Boogie Cook.

The victory gives CAL a 2-1 record against 28th District opponents and locks the Centurions into the No. 2 vs. No. 3 seed game in the district semifinals later this month. CAL will learn its opponent following the Eastern vs. Ballard game this weekend.

The Centurions sandwiched the win over Eastern



with a pair of defeats to Seventh Region contenders.

On Tuesday, CAL fell 68-56 to Trinity. On Saturday, the Centurions couldn't keep up with Male in an 85-45

loss. CAL will hit the road to face another stellar local opponent when it travels to DuPont Manual on Thursday night.

Registration OPEN for CAL Athletics Golf Classic

13th Annual CAL Athletics Golf Classic



May 12, 2025

Persimmon Ridge Golf Club

Registration is now OPEN for the 13th Annual CAL Athletics Golf Classic! We are excited to be back at Persimmon Ridge Golf Club for our annual fund-

raiser this year on Monday, May 12. The Golf Classic is the athletic department's only fundraiser. Proceeds go towards athletic equipment,

coach stipends, facility/field upgrades and more. We are grateful for everyone's past support and would love to have you out again for this year's event!

[Click here](#) to view sponsorship options and register to play in the event.



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Wednesday
February 19th



Time
Lunch: 11am - 2:30pm
Dinner: 4:40-9:30pm



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