



Varsity girls track & field wins region meet Boys take third place

The varsity girls track and field team won the Class 2A Region 3 championship this past week, showing off both their top notch talent and their depth.

The team earned first place finishes in the sprints (100m and 200m - Taylor Touche), distance (800m, 1600m, 3200m - Anabelle

Plummer), jumps (high jump - Kylie Moore; long jump - Megan Bobnar; triple jump - Ella Mast), and relays (4x100, 4x200, 4x400).

Despite 11 first place finishes, the team couldn't have won the meet without considerable depth and multiple

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Varsity softball falls to Ballard in district semifinals

The varsity softball season ended with a 10-0 loss to Ballard in the 28th District semifinals.

CAL hung tight with the two-time defending state

champions in the early going, trailing 2-0 entering the bottom of the fourth.

However, the Bruins went on to score eight runs over the next three innings to run

away with the contest.

Mackenzie King pitched four innings for CAL before Ava Bindner came on in relief for one-plus frame.

The Centurions graduat-

ed four seniors from a team that finished the year with a 7-21 record after making significant strides the closing weeks of the season.

Varsity baseball drops close game in district semifinals

The varsity baseball season came to a close with a 5-4 defeat against Eastern in the 28th District semifinals last Monday.

The Centurions plated a pair of runs in the top of the first inning, then extended their advantage to 4-1 by the fifth inning.

The Eagles came around three times in the bottom of the fifth to tie the game at 4-all, and that score held until Eastern scored the game-winning run in the seventh.

Cameron Combs was the lone Centurion with multiple hits. The

junior also tallied an RBI and a walk. Trey Tipton (two) and Kaden Crawford drove in the other runs for CAL.

Tipton started for CAL and went 4 1/3 innings against a strong Eastern lineup, allowing four runs on six hits. Cobe Ross threw the final two innings, surrendering one run on two hits and two walks.

CAL finishes the 2024 season with an 11-19 record. The Centurions graduate 11 seniors from this year's squad.

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Social Media



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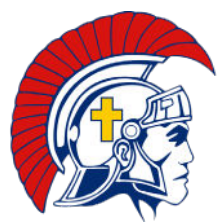
runners placing and scoring points for the team.

The boys team placed third overall led by Sam Herbig, who won the 800m, 1600m, and 3200m races. Elijah Dale won the pole vault and Ben Stotts won the shot put and discus.

The night was capped off by a gritty and electrifying second place finish for the boys in the 4x400, missing the win by less than half a second, but sending them to the State meet.

Overall, the night had a vibe that reminded everyone why track and field is best experienced as a team sport. Although CAL had great individual success, watching the athletes cheer for and celebrate one another together will be the lasting memory for this meet.

Qualifying athletes will compete this Friday, May 31 at the University of Kentucky for the 2A State Championship.



Verse of the week

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

- Ephesians 6:18



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This week in Centurion Nation - May 28-June 1

Tuesday

Girls Tennis

V at state tournament
TBD | Lexington, KY

Boys Tennis

V at state tournament
TBD | Lexington, KY

Wednesday

Girls Tennis

V at state tournament
TBD | Lexington, KY

Boys Tennis

V at state tournament
TBD | Lexington, KY

Thursday

Girls Tennis

V at state tournament
TBD | Lexington, KY

Boys Tennis

V at state tournament
TBD | Lexington, KY

Friday

Track & Field

V at state meet
TBD | University of Kentucky

Up-to-date schedules are posted daily on Twitter @CenturionAD and Instagram @CALCenturions.

Contacts

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Spring sports head coaches

Varsity Baseball.....Garrett McIntire
7th/8th Grade Baseball.....Andrew Viola
6th Grade Baseball.....Jesse Craig
High School Bass Fishing.....Thomas Peck
Middle School Boys Golf.....Greg Zimmerer
Middle School Girls Golf.....Matthew Feltner
High School Boys Lacrosse.....Alan Schwartz
7th/8th Grade Boys Lacrosse.....Dave Ernst
5th/6th Grade Boys Lacrosse.....Tor Helgeson
High School Girls Lacrosse.....Aimee Turner
7th/8th Grade Girls Lacrosse.....Sara McKechnie
5th/6th Grade Girls Lacrosse.....Sara McKechnie
Middle School Boys Soccer.....Trae Rick
Middle School Girls Soccer.....John Zutt
High School Softball.....Kyle Mullin
High School Boys Tennis.....John O'Bryan
High School Girls Tennis.....Trisha Pullen
High School Track & Field.....Andrew Lorenz
Middle School Track & Field.....Brian Gibson