Christian Academy of Louisville



Centurion eNews



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Varsity field hockey finishes runners up at Apple Tournament

Another hot night and game under the lights of Sacred Heart Academy's Horton field saw our CAL Varsity field hockey team take on the Ballard Bruins in the semifinals of the Apple Tournament on Wednesday, Aug. 23.

The game started as a back-and-forth affair in the 1st quarter with the Bruins scoring first to take a 1-0 lead going into the second quarter.

The second and third quar-

ters saw the Centurions control possession of the ball with most of the action on their offensive side of the field, and Lauren Sloan connected on two different penalty corners to give the Centurions a 2-1 lead going into the 4th quarter.

The Bruins came out deter-

mined in the 4th quarter to tie the game, but the Centurion defense led by Megan Mauzy, Ava Florence, Logan Agee and Lydia Estep stayed strong to help the Centurions prevail 2-1 and reach the finals of the tournament. On Sunday, Aug. 27, the Centurions faced the always-tough Sacred Heart Valkyries in the championship game of the Apple Tournament.

The game remained scoreless until the Valkyries converted a penalty corner to a goal in the 3rd quarter to take a 1-0 lead.

The Centurions tied things

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Varsity football extends winning streak to 17 with blowout of New Albany

The CAL Varsity Football team traveled across the Ohio River to Southern Indiana on Friday night for a matchup against the New Albany Bulldogs.

Due to the excessive heat, the game was scheduled for a later start, at 8 p.m. Yet just before kickoff, a significant thunderstorm entered the area, causing the game to be rescheduled for noon the next day.

Despite the weather interruptions, the Centurions

quickly stormed past the Bulldogs 49-0.

Senior quarterback Cole Hodge impressively completed 16 of 17 passes for 260 yards and five touchdowns and rushed for 16 yards on two carries, including one touchdown run.

Sophomore running back Jeffrey Vazzana led the team on the ground, rushing for 45 yards on three carries. Cole Hodge connected

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Boys golf notches fourth tournament win

Boys golf added another championship to the 2023 season in the West Jessamine Invitational at the Golf Course at Widow's Watch.

The Centurions found themselves in a battle again with some of the best of the Bluegrass and edged second-place Trinity by one stroke. CAL shot a +2 (290), followed closely by the Shamrocks +3 (291).

The match came down to the team's performance on the par-5 finishing hole. CAL recorded four birdies as a team, the final one coming from eventual champion Brady Smith.

Smith finished with a score of 66 (-6), closing the round with four birdies on the last five holes and eight for the match. The performance marks Smith's fourth first-place finish of the season.

Sophomore Will Judd followed up a quality finish a week ago with another strong showing. Judd finished with a 71 (-1). A 20-foot putt on the 18th green locked in a tie for fifth place.

Other contributors included Brady
Faulkner in 19th (76),
as well as Kyle Gladieux and Jacob Elliott
(77) in a tie for 25th.
Faulkner chipped to
three feet on the final
hole before tapping in
for birdie. Elliott had
to score from a greenside bunker, knocking
the shot to four feet
before sinking the final
put.

"This was a great showing to finish the month of August," coach Greg Zimmerer said. "Having five players in the top 25 is impressive, but also finishing so strong when we needed to was important. This should give us some positive confidence as we work toward the last few weeks of the regular season."

CAL golf will pause from the 18-hole competition for the Labor Day weekend but will return to competition in the Bowling Green Invitational on Sept. 9. The BGIT is played at Bowling Green Country Club, the site of the KHSAA state tournament.

On Sept. 11, CAL will compete in the 2A state championship at Owensboro Country Club. CAL won this tournament in 2021 and finished second last year.

Last week's ninehole schedule was canceled due to heat. However, CAL entered a second unit in the West Jessamine tournament, and the team finished 10th.
The squad was led
by Freshmen Zach
Gladieux and Grant
Pellowe with identical
scores of 80. Seventh
grader Luke Elliot also
scored an 80.

CAL's nine-hole schedule this week includes matches at Long Run vs. Eastern on Aug. 28; at Nevel Meade vs. St. X and Trinity on Aug. 29; and against Ballard at Crescent Hill on Aug. 31.





Verse of the week

"For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope." - Jeremiah 29:11



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Varsity boys soccer falls in 2A sectional semis

On a scorching hot Monday evening with the heat index hovering at 100 degrees, the boys varsity soccer team hosted the Colts from DeSales High School in a critical 2A Section 3 matchup.

DeSales took the opening kickoff and immediately showed their game plan: control possession through the midfield and launch long balls for their wings and striker to chase.

The opening ten minutes were evenly played with both midfield squads controlling and trading possessions. A mandatory 10-minute hydration break offered both teams an opportunity for much needed water and to discuss adjustments.

DeSales wasted no time coming out of the first half hydration break and applied immense pressure to the CAL back line, eventually breaking through with a long ball down the right wing. The DeSales attacker won

the race to the ball. A touch to the inside put the attacker behind the Centurion defense. A well-placed cross found one of three Colts crashing the net for an easy tap-in to put DeSales on the board first.

Not to be outdone, CAL's attack found its stride and responded in the 24th minute. Senior AJ Sheehy took a lead pass from junior Hooper Briggs down the left flank. Sheehy carried the attack deep into the Colts defensive third before cutting in behind the Colts' right back. Weaving his way through more defenders, Sheehy placed a ball across the face of the goal that found senior Bryson Hauser for a onetouch volley past the DeSales goalkeeper to level the contest at 1-1.

Making a bid to take the lead going into the half, senior Nate Lesperance placed a free kick into the mixer that pinballed around before ultimately being cleared by

DeSales.

DeSales made their own bid to steal a goal just before the break with a free kick of their own just outside the penalty area. Senior goal-keeper Kendall Bonura got his hands on the free kick but was unable to keep possession and pushed the save wide. The resulting DeSales corner found an unmarked Colt at the front post. The one-touch volley grazed the top of the crossbar and safely out for a CAL goal kick.

One final push from DeSales found their right winger winning another foot race to a long ball behind the CAL defensive line. Rather than playing the cross, the Colts' winger carried his touch behind the defense and into the box. Unmarked, the DeSales winger was left one-on-one against Bonura. The shot slipped just under Bonura's glove for a 2 – 1 DeSales lead going into the break

In what would be a theme

throughout the contest, De-Sales subbed early and often to keep fresh legs on the pitch on a hot night where the heat exacerbates the effects of tired legs. By contrast, CAL utilized just three substitutions from a bench of fresh legs, and no changes prior to the break.

Six minutes into the second half, junior Cole Janes launched a CAL free kick into a crowded DeSales penalty area. The kick was headed away to launch a DeSales counterattack. Another leading long ball pass found DeSales' striker winning the foot race for a one-on-one showdown against Bonura. The shot was well placed out of reach of Bonura and pushed the visiting Colts' lead to 3-1.

DeSales extended their lead to 4-1 in the 67th minute with yet another long ball behind a tired CAL defensive line for an easy touch into the box and shot on goal to ice the match.

Middle school football routs Oldham County

The CAL middle school football team continued its hot start last Tuesday, defeating visiting Oldham County 52-14. The Centurions wasted little time, taking the opening kickoff 53 yards, then scoring four plays later when

Jackson Burke connected with Jayden
Leake for a 7-yard
touchdown.
Burke completed
6-of-10 passes for four
touchdowns, including
connections with Man
Robinson, Leake and
Noah Perkins.
Perkins had 60 yards

on 4 carries, including a 46-yard touchdown. Gabriel Lumpkins added a 23-yard rushing score.

The defense recorded a safety, and Man Robinson had an interception.

The defense has yet to be scored on through

their two games, as both Oldham County touchdowns on Tuesday came on special teams.

This Tuesday, CAL has its first road game of the year when it travels to face East Oldham Middle School at Oldham County High School. JV kicks off at 6 p.m., with varsity to follow at 7:30 p.m.







Cross country competes at Tiger Run

The high school boys and girls cross country teams ran at the St. Xavier Tiger Run on Aug. 26.

The girls team finished 13th, led by a 23rd-place finish by Anabelle Plummer. Katherine Kelley, Taylor Greenwell and Kayleigh Burkhead also finished inside the top 100 as individuals.

Samuel Herbig paced the boys team with a 31st-place run.

Both teams will be at the Shelby County Invitational at East Middle School on Sept. 2 at 9 a.m.





Varsity volleyball goes 1-2, falls in 2A sectional

Varsity volleyball extended its winning streak to four games to start the season with a sweep of Jeffersonville (25-8, 25-12, 25-15) on Aug. 22. The Centurions suffered their first loss of the year in a five-set bout on Aug. 24 against Bullitt East. CAL rebounded from losing the first set against the Chargers to win the next two and take a 2-1 advantage. However, Bullitt East edged the home team in the fourth and fifth sets to escape with a

victory.

CAL fell in another five-set battle to Nelson County in the first round of the 2A sectionals on Aug. 26.

The Centurions dropped the first two sets 25-21 and 32-30 but battled back with 25-22 and 25-19 victories in the third and fourth sets, respectively.

However, Nelson County edged the defending champions 15-10 in the decisive fifth set to advance.

JV volleyball stays perfect with 2-0 week

The JV volleyball team continued a red hot start to 2023 last week.

After going 3-0 in the opening week of the season, the Centurions continued their winning streak on Tuesday with a quick

win over Jeffersonville (21-10, 21-13).

With only one day of rest, fought their way to a win over Bullitt East (21-19, 23-21) on Thursday.

Freshman volleyball improves to 4-0

The freshman volleyball continued a perfect start to the season with wins over Jefferson-ville and Bullitt East.

The Centurions swept the Red Devils 21-3 and 21-8 on Tuesday before taking down the Chargers 21-12 and 21-13 to improve to 4-0 on the young season.

All three high school volleyball teams will be back in action on Aug. 28 at home against Spencer County.

8th field hockey reaches finals of Apple Tournament

The eighth grade field hockey team reached the finals in the freshman division of the Apple Tournament on Aug.

The Centurions fell to Sacred Heart in the championship game but had an impressive showing playing up in age. Prior to the championship game, CAL edged Ballard with a 2-1 win in the tournament-opener.

Then the Centurions won a hard-fought battle against Manual. The game was tied 1-1 at the end of regulation and went to strokes, where CAL emerged victorious t0 advance to the finals. Grace Combest, Lindsey Sloan, and Maddie VanAllsburg were named to the all-tournament team following the championship game.



7th field hockey notches 2-0 week

The seventh grade field hockey team began the week with a match against Highlands Latin School (HLS) on Monday, Aug. 21.

The game was moved indoors due to excessive heat.

Clara Henderson got the Centurions on the board with a goal in the second quarter to give CAL a 1-0 lead going into halftime.

After halftime. Milly Bachman and Lila Ward each scored goals to give CAL a 3-0 advantage.

Ward scored another goal a few minutes later off a beautiful pass across the circle from Juliet MacLeod to extend the lead to 4-0 going into the fourth quarter.

Therese Beiter and



Sloan Greenwell each scored goals in the fourth quarter to help bring the final score to

Not to be overshadowed by the offense, goalie Tori Hall prevented several scoring opportunities by HLS throughout the second half.

On Saturday, Aug. 26, the Centurions were back in action and with the treat of playing on the turf field at Centurion Stadium.

It was a hot and sunny Saturday morning, as CAL battled the KCD Bearcats.

The match was a



back-and-forth affair throughout, with Juliet Macleod scoring on a penalty corner with no time left in the first quarter to put the Centurions ahead 1-0.

The Bearcats scored in the second quarter to tie the match 1-1. The score remained tied until late in the

game when Clarabelle Bachman converted a put back goal that gave the Centurions a 2-1 lead.

Goalie Amelia Warren, who was solid throughout, made several key saves to preserve the win for the home team.





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6th field hockey splits a pair of games

The 5th/6th grade field hockey team came ready to play on Tuesday in their matchup versus Highlands Latin.

It was an extremely hot day and there was concern the game would be canceled due to the heat, but the teams were still able to square off in a 7-on-7 game on the indoor turf field at King Louie's Sports Complex.

The girls came out strong in the first quarter with several good shots on goal by Skylar Pruet and Macie Mauzy that were ultimately blocked by the HLS goalkeeper.

CAL kept up its attack in the second quarter, and the aggressive play paid off with the first goal of the game coming from Livia Quinn halfway through the quarter. Several minutes later,

Mauzy scored a goal on an assist from Skylar Pruet to bring the score to 2-0 CAL.

The team kept up the tough play in the third and fourth quarters with great play at both offense and defense, including several clears by Harper Storck and Bianca Schaefer on defense as well as a clear by goalie Catherine Taber.

The CAL girls ultimately held Highlands Latin School scoreless with a 2-0 victory to bring their record to 2-0.

The team faced off against the KCD Bearcats on Saturday, Aug. 26.

The Centurion girls came out strong in the 1st quarter and had several good shots on goal by Mauzy and Selah Richardson.

The game quickly turned into a defensive battle with many excellent stops by the Centurions including Claire Stevens and Shelby Minucci.

The score remained 0-0 heading into halftime.

The CAL girls continued their tough play in the 3rd quarter with several more shots on goal by Mauzy and Lia Poyser.

KCD eventually found the back of the net twice before the end of the third quarter to take a 2-0 advantage.

The 4th quarter saw more hustle from the Centurions both defensively and offensively and another shot on goal by Richardson.

Emberlyn Fitzger-

ald played tough at goalie and made some great stops, but the CAL defense struggled to clear the ball from the shooting circle and the Bearcats scored once more to bring the final score to KCD 3, CAL 0.

CAL now sits at 2-1 following last week's split.



'V field hockey'

Continued from page 1

up later in the 3rd when Madelyn Frazee received a pass and with nobody between her and the goalie scored a goal. The Valkyries scored on a penalty corner in the 4th quarter to take

a 2-1 lead.

Although the Centurions threatened on a few more occasions, they were unable to convert before time expired.

Frazee, Savannah Faulkner and Lauren

Sloan were all selected for the all-tournament team. The Centurions return to action Tuesday at 7:30 p.m. at home against Ballard.

8th volleyball remains perfect

The eighth grade volleyball team continued its strong start to the season last week.

The Centurions beat visiting Oldham County Middle School on Tuesday before picking up another win at South Oldham Middle school on Thursday.

CAL now sits at 4-0 on the season.





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3rd/4th football wins in blowout fashion

The 2-0 Centurions went on the road against the West End Yellow Jackets (YJ). The Yellow Jackets started with the ball, and the first drive resulted in a punt after Zion De Lessio and John Digby each had sacks.

CAL started on the 50 and moved the ball swiftly on the ground during the drive, including a tough 8-yard run by Jack Lowe capped by a punishing hit on a defender.

The drive came to a screeching halt as the ball carrier was stripped of the ball and the fumble was recovered on the Yellow Jacket 25-yard line.

During the next Yellow Jacket possession, Ford Manley broke up a pass, and the drive didn't move the chains. CAL took over on the 40. and at the end of the first quarter, we had a scoreless affair.

The drive saw multiple quarterback keepers from Jake Blandford and runs up the middle by Jack Lowe – all picking up big gains. Blandford found the end zone for the game's first score on a keeper that crossed the line near the right pylon. The extra point was good, as Jack Lowe waltzed in the endzone completely untouched to give CAL a 7-0 lead.

On the ensuing kickoff, Ford Manley recovered an onside kick, and CAL took over on the opposing 40yard line.

CAL overcame multiple penalties on the next drive, but Inhen notched a 30-yard run down to the 2-yard line that included a stiff arm, a few side steps and a couple of juke moves. Ultimately, Lowe punched in the touchdown, and the Centurions led 13-0 after a failed two-point attempt.

The Yellow Jackets reversed field on the kickoff and ran it back to the CAL 35-yard line. During the drive, Lucas Reeb prevented a touchdown with a strong tackle. Blandford eventually recorded a strip sack that was recovered by Lowe to keep the Yellows Jackets scoreless going into halftime.

Sebastian Schneider opened the second half with a kickoff return to midfield. CAL drove down the field but ultimately turned the ball over on downs and maintained its 13-0 lead at the end of three quarters.

The Centurions pushed

the Yellow Jackets back deep into their own territory, and Logan Hornback recorded a sack in the end zone for a safety to put CAL ahead 15-0.

CAL mishandled the punt after the safety and gave the ball away on the 40-yard line.

The drive ended as John Digby recovered a fumble and CAL took over with no damage done.

Lowe and Blandford picked up several chunk plays on the ground, leading to a Lowe score from five yards out. Another two-point attempt fell just shy of the end zone, and CAL led 21-0.

A 60-yard touchdown run followed by a two-point conversion got the Yellow Jackets on the board late,





'V football'

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several times with junior wideout Bryce Wilson, who gained 90 yards on three receptions, including two touchdowns.

Senior wideout Justin Ruffin gained 62 yards on 12 receptions, junior wideout Trey Cotton gained 43 yards on two receptions, and junior wideout Connor Hodge sophomore had 42 yards on three receptions. Ruffin and Connor Hodge each had a touchdown.

Junior wideout Britt Redman also had a touchdown on an eight-yard pass from Cole Hodge in the red zone. Freshman wideout Ja'Hyde Brown had the final touchdown of the day and the first score of his varsity career when sophomore quarterback Colin Daniels connected with him for a 36-yard pass. Daniels relieved Cole Hodge in the second half and finished the day completing three of five passes for 70 yards and one touchdown.

The Centurion defense held the Bulldogs scoreless and limited them to 176 yards overall.

CAL had four defensive sacks, one each from defensive lineman Nathan Carlisle and linebackers Jeffrey Vazzana, Garyon Hobbs, and John Cobaugh.

Senior linebacker Connor Franklin and sophomore cornerback EJ Dale led the team with seven tackles each, followed by sophomore linebacker Jackson Settle with five, as well as four each from Justin Ruffin, Connor Hodge, Garyon Hobbs, Chapman Russell, Grayden Reid, and Alex Ullom.

Junior kicker Jason Coleman was 7-for-7 on point after attempts.

The Centurions look to tie a program record of 18 straight wins this Friday night as they travel to Radcliff, Ky., to face the Trojans of North Hardin at 7:30 p.m.







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This week in Centurion Nation - Aug. 28-Sept. 2

Monday

Boys golf

JV vs. Eastern 4:15 p.m. | Long Run

Field hockey

7th vs. South Oldham MS 5:30 p.m. | CAL 8th vs. St. Agnes 6:30 p.m. | CAL

Volleyball

FR/JV/V vs. Spencer Co. 5:30/6:30/7:30 p.m. | CAL

Girls soccer

JV/V at Eastern 5:30/7 p.m. | Eastern

Football

JV at DuPont Manual 6 p.m. | Manual

Boys soccer

JV vs. Highlands Latin 7 p.m. | CAL

Tuesday

Boys golf

JV vs. Trinity/St. Xavier 4:15 p.m. | Nevel Meade

Field hockey

7th/5th & 6th vs. St. Francis
5/7 p.m. | CAL
8th vs. Eagles Green
6 p.m. | CAL
JV/V vs. Ballard
6/7:30 p.m. | CAL

Volleyball

6th/7th/8th at East Oldham 5:30/6:30/7:30 p.m. | EOMS JV/V at Great Crossing 6/7:30 p.m. | Great Crossing

Girls soccer

JV/V vs. North Hardin 6/7:30 p.m. | CAL

Football

MS JV/V at East Oldham 6/7:30 p.m. | EOMS

Boys soccer

V at Highlands Latin 8 p.m. | Lou City Practice

Thursday

Boys golf

JV vs. Ballard *4:15 p.m.* | *TBD*

Volleyball

6th/7th/8th vs. Shelby Co. E. 5:30/6:30/7:30 p.m. | CAL

Friday

Field Hockey

JV/V at Gateway Classic TBD | SportPort International

Saturday

Cross Country

V at Shelby Co. Invitational 9 a.m. | East MS

Field Hockey

JV/V at Gateway Classic
TBD | SportPort International

Football

Varsity at North Hardin 7:30 p.m. | North Hardin

Contacts

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Fall sports head coaches

Middle School Cross Country	Brian Gibson	
High School Cross Country	Daria Ochenkowski	
High School Cheerleading		
Middle School Cheerleading		
Varsity Field Hockey		
Junior Varsity Field Hockey	Jamie Wright	
8th Grade Field Hockey		
7th Grade Field Hockey	Chris Ward	
5th/6th Grade Field Hockey	Heather Taber	
High School Football	Hunter Cantwell	
7th/8th Grade Football	Draper Hall	
5th/6th Grade Football	Bilal Powell	
3rd/4th Grade Football	Eric Lowe	
1st/2nd Grade Football	2	
High School Boys Golf	Greg Zimmerer	
Varsity Boys Soccer	Andrew Brocchino	
Junior Varsity Boys Soccer		
High School Girls Soccer		
Middle School Tennis		
Varsity Volleyball		
Junior Varsity/Freshman Volleyball		
8th Grade Volleyball		
7th Grade VolleyballKaitlyn Meyers & Angela Alvarado		
6th Grade Volleyball	Lauren Fields	