



HS cross country finishes strong at regionals

CAL's cross country teams wrapped up their regional races Oct. 24 with strong performances, personal records, and plenty of encouragement for one another. The boys' team finished fourth overall to qualify for the State Championships on Oct. 31 at the Kentucky Horse Park in Lexington, while the girls team finished a solid season with several personal bests and two individual state qualifiers.

Freshman Caleb Fletcher led the CAL boys, finishing 13th overall with a time of 17:27.94. Senior Jackson Fitzgerald followed closely behind, placing 14th in 17:34.99, just one second off his personal best.

Junior Charlie Behnken finished 18th with a time of 18:08.71, followed by junior Reagan Myers in 26th at 19:23.13. Sophomore Silas Nelson placed 29th in 19:49.56, while freshman Josh Neher finished 30th in 19:54.09. Senior Reuben Whitford rounded out the boys' runners with a

time of 23:06.06 to place 42nd.

Several boys achieved personal bests, including Caleb, Charlie, Reagan, Josh, Silas and Reuben. Jackson also had a strong race, recording a season best.

On the girls' side, all seven runners gave their best efforts in a competitive regional race. Freshman Claire Butler led the CAL girls, finishing 10th overall with a time of 20:39.71. Senior Kinsley Cordrey followed in 15th place, running 22:11.69. Freshman Hadassah Whitford finished 21st in 22:30.51.

Sophomore Anistyn Hurst placed 29th with a time of 24:12.66, followed by junior Jillian Besore in 30th at 24:27.39. Sophomore Hannah Whitford finished 32nd in 25:20.96, and freshman Stella Bernasconi completed the race in 25:37.32 to place 34th.

Five of the seven girls achieved either a personal best or a season best. Hadassah, Hannah, Jillian and Stella

recorded personal bests, while Anistyn earned a season best.

Although the girls team did not qualify for state as a team, the runners have much to celebrate after an exciting season filled with hard work, growth and support for one another.

On Oct. 22, CAL had five runners compete in the Metro JV Regionals, and all five accomplished a personal best or a season best. Henry Sedoris, Amelia Bock and Zac Martin ran personal bests with Maddie Rush and Lydia Griffiths running season bests.

"Watching our team run well, cheer for one another, and accomplish hard goals was so much fun! I'm incredibly proud of how hard our boys ran and how all our girls pushed themselves. They've had an awesome season," coach Jonathan Butler said. "I am looking forward to seeing how our runners can do next weekend at State."

Senior Night

CAL will celebrate our three cross country seniors this Friday night at the football game. Come out and show your support for Kinsley, Jackson and Reuben as we recognize their contributions to the team.



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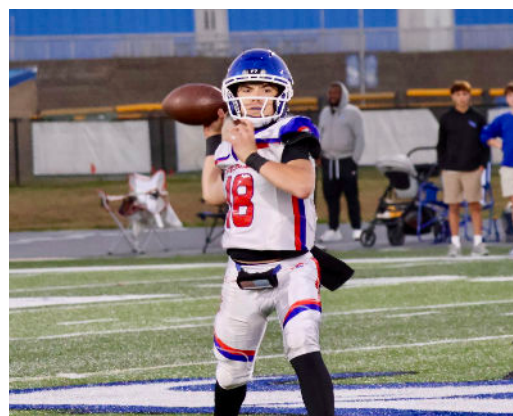
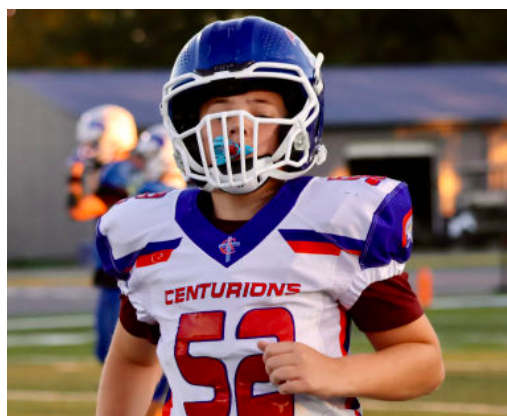
Photos: Varsity girls soccer in region finals



Photos: Varsity volleyball in region quarterfinals



Photos: 7th/8th grade football vs. LCA



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Seniors

Seniors



Weekly Schedule - Oct. 26-31

HOME

Date	Time	Team	Place	Opponent	Facility
10/26/2027 Monday	6:30 PM	Basketball Girls Middle School JV	Home	LKY	Red Gym
	7:30 PM	Basketball Girls Middle School JV	Home	LKY	Red Gym
	5:30 PM	KHSAA Field Hockey State Tournament	Home	TBA	Centurion Field
	8:00 PM	KHSAA Field Hockey State Tournament	Home	TBA	Centurion Field
10/28/2027 Wednesday	7:00 PM	KHSAA Field Hockey State Tournament	Home	TBA	Centurion Field
10/30/2026 Friday	7:30 PM	Football Boys Varsity	Home	Fern Creek	Centurion Field

AWAY

Date	Time	Team	Place	Opponent	Facility
10/26/2026 Monday	5:30 PM	Football Boys Junior Varsity	Away	Eastern High School - JV	Eastern High School
	5:30 PM	Volleyball Girls Varsity	Away	Assumption	Atherton High School
10/30/2026 Friday	6:00 PM	Swimming Coed Middle School	Away	JCPS Swim League Meet #2	Mary T. Meagher Aquatic Center
10/31/2026 Saturday	TBA	Cross Country	Away	State Meet	Kentucky Horse Park

Contacts

Athletics staff

Brad Morgan, director of athletics

Phone: (502) 244-3225 ext. 36004

Email: bmorgan@caschools.us

Rebecca Mauzy, assistant athletic director

Phone: (502) 244-3225 ext. 36002

Email: rmauzy@caschools.us

Hunter Childers, assistant athletic director

Phone: (502) 244-3225 ext 36003

Email: hchilders@caschools.us

Annaliese Billings, administrative assistant

Phone: (502) 244-3225 ext. 36200

Email: abillings@caschools.us

Hunter Cantwell, scheduling coordinator

Phone: (502) 244-3225 ext. 36001

Email: hcantwell@caschools.us

Joey Koenig, sports information coordinator

Phone: (502) 244-3225 ext. 36007

Email: jkoenig@caschools.us

Trisha Pullen, Centurion Armory coordinator

Phone: (502) 753-4598

Email: tpullen@caschools.us

Fall sports head coaches

MS Baseball.....Andrew Viola

HS Cheerleading.....Fernanda Smith

MS Cheerleading.....Kim Robinson

HS Cross Country.....Jonathan Butler

MS Cross Country.....Samantha Gilbert

HS Field Hockey.....Chris Ward

7th/8th Field Hockey.....Heather Tabor

6th Grade Field Hockey.....Ryan Bachman

5th Grade Field Hockey.....John MacLeod

HS Football.....Hunter Cantwell

7th/8th Football.....Tony May

5th/6th Football.....Clay Manley

3rd/4th Football.....Keith McKinney

1st/2nd Football.....John Hamilton

HS Boys Golf.....Lucas Holland

HS Girls Golf.....Matthew Feltner

HS Boys Soccer.....Trent Popp

HS Girls Soccer.....John Zutt

MS Tennis.....Bob Willis

HS Volleyball.....Sherry Ashley

8th Volleyball.....Lauren Davis

7th Volleyball.....Lauren Davis

6th Volleyball.....Erin Craft