



## Varsity girls XC, Plummer win region meet Boys XC, Herbig finish second



The varsity girls cross country team defended their 2A Region 3 title last Saturday at the Archives Course in Frankfort.

CAL finished with 31 points, well ahead of second place Shelby County's 56 points and third place Spencer County's 68 points.

The girls team was led by regional champion junior Anabelle Plummer with a time of 20:20. She finished more than 2 1/2 minutes ahead of her nearest competitor. Finishing 7th overall was Sophomore Kinsley Cordrey with a time of 23:43. Senior Katherine Kelley finished 8th with a time of 24:06. Senior Taylor Greenwell finished 9th with a time of 24:44. Freshman Madison Rush finished

10th with a time of 24:49. Senior Evie Neher finished 13th with a time of 25:07. Sophomore Reese Fletcher finished 14th with a time of 25:08.

The boys team finished tied for second place with Spencer County with 58 points. The tiebreaker went to the Bears, giving CAL an official third place finish.

Henry County took the team title with a score of 34 points.

The boys team was led by senior Sam Herbig, who notched a second place finish with a time of 16:05.97, just behind defending regional champion, Spencer County's Casey Desilvey, with a time of 16:04.31.

Sophomore Jackson Fitzgerald finished 8th with a time

of 19:42. Senior Jeremiah Beardsley finished 14th with a time of 20:06. Junior Ethan Fitzgibbon finished 18th with a time of 20:40. Senior Luke Stephens finished 22nd with a time of 21:14. Junior Elijah Nelson finished 28th with a time of 22:03. Senior Ryder Peralta finished 32nd with a time of 23:14.

The team will celebrate its seniors this Friday evening at 6:45 p.m. prior to the home varsity football game.

On Saturday, both teams will travel to Lexington for the state championship meet at the Kentucky Horse Park. The girls team will run at 12:30 PM with the boys team to follow at 1:15 PM.



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# Tickets on sale for HS softball pancake breakfast

Tickets are on sale for the annual CAL softball pancake breakfast fundraiser. The event will take place on Nov. 9 from 8:30-11 a.m. in the CAL cafeteria.

Tickets are \$7 and will be on sale at this Friday's home football game. Contact CAL softball coach Kyle Mullin for more information.

					
<b>Christian Academy Softball</b>		<b>PANCAKE FUNDRAISER</b>		Pancake Fundraiser	Christian Academy Softball
LOCATION - CAL Cafeteria		\$7			
1	8:30am - 11:00am			11/9/24	\$7.00

# Varsity football bounces back with win at E-Town

The varsity football bounced back from a loss last week in a big way with a 42-7 win at Elizabethtown on Oct. 25.

The Centurions scored the game's first 42 points and earned a running clock during the third quarter.

Senior quarterback Connor Hodge was an efficient 18-for-23 for 267 passing yards and three touchdowns. He was relieved in the third quarter by freshman Jackson Burke, who went 4-for-5 for 34 yards, a touchdown and an interception.

Junior running back

Jeffrey Vazzana put together an impressive day on the ground, running for 105 yards and three touchdowns on just seven carries. Junior Tyree Stoner added 26 yards on four carries, and Hodge chipped in 15 yards on four carries.

Sophomore Gaines Howard led all CAL receivers with seven catches and 104 yards, both career highs. Senior Trey Cotton made an impact with three receptions for 42 yards and two touchdowns. Junior Chapman Russell and senior Bryce Wilson recorded 31 yards through the air each. Fresh-

man Man Robinson hauled in a two-yard touchdown reception in the second half, the first catch and score of his high school career.

Sophomore Micah Newsome spearheaded the CAL defense with 11 tackles, including one for a loss. Junior Jackson Settle added four tackles, one for a loss. Sophomore Jayson Ruffin and freshman Kellan Hall made three tackles each, with the latter recording two for a loss. Freshman Carson Hahn and Vazzana both notched a sack each for the Centurions.

Sophomore Madden

Miller went 6-for-6 on extra point attempts to improve his success rate on PAT attempts to 97.2% this year.

With the win, CAL improved to 6-3 going into the regular season finale this week.

The Centurions will host Fern Creek on Friday at 7:30 p.m.

Prior to the game, CAL will honor its football, cheerleading, cross country, girls golf and marching band seniors. The ceremony is set to begin at 6:45 p.m.

# Varsity field hockey falls in state semifinals

Varsity field hockey's bid for a second straight state championship fell short with a 2-1 defeat to Assumption in the state semifinals on Oct. 26.

The game was a rematch of last year's state finals match.

This year's contest remained scoreless until Assumption broke through with a go-ahead goal in the closing seconds of the second quarter to take a 1-0 lead into halftime.

The Rockets extended their lead to 2-0 early in the third quarter off of a corner play.

Senior Lauren Sloan put CAL on the board with a

back handed shot off a corner play to make the score 2-1 with 3:15 to play in the third period.

The Centurions had multiple potential scoring opportunities in the fourth quarter but couldn't find the equalizer, and Assumption escaped with a narrow victory to advance to the state finals.

CAL's Lauren Sloan (one goal) and Morgan Lala (15 saves) were named to the all-state tournament team following the semifinal loss.

Two days earlier, the Centurions traveled to Manual and beat the host Crimsons 2-0 in the state quarterfinals.



The game remained scoreless well into the fourth quarter until Amelia Ohr scored the go-ahead goal with just over five minutes to play.

McKenna Lacy added an

insurance goal shortly after to secure the win. Lindsey Sloan assisted on both goals.

CAL finished the season with a 17-6-1 record.

# Varsity volleyball season ends in region quarterfinals

Varsity volleyball couldn't keep up with Assumption in a 3-0 (25-13, 25-14, 25-13) loss in the Seventh Region quarterfinals on Oct. 28.

CAL competed in each set, but the defending state champion Rockets ultimately proved to be too much

and moved on to the region semifinals.

Prior to the region tournament, CAL traveled to Ballard for the 28th District tournament last week.

The Centurions overcame a slow start to beat KCD 3-1 (24-26, 25-17, 25-11, 25-18) in the semifinals

on Tuesday.

Caroline Bates (16), Ella Foster (12) and Kate Chase (12) all recorded double-digit kills.

Katrina Oswald had a strong night on the backline, pacing CAL with 30 digs. Kyla Roy led the Centurions with four blocks.

CAL returned to Ballard on Thursday to face the host Bruins in the tournament finals.

A Centurion comeback attempt fell just short in a 3-2 defeat (25-11, 25-13, 13-25, 21-25, 18-16).

Bates (18 kills), Foster (13 kills, five aces) and Roy (10 kills) led the Centurion

attack, which caught fire after a turbulent start.

Oswald had a team high 18 digs, followed by Foster with 15 and Mia Boyd with 13.

Roy recorded seven blocks, and Chase added five more.

Ella Baker dished out 47 assists in the action-filled match.

Bates, Foster and Baker were named to the all-tournament team following the championship game. CAL finished the year with a 32-5 record, the most wins for the program since the 2002 season.

## Sign up for the 2024 CAL boys lacrosse skills camp!

### Information

- Grades 3-6: Nov. 23 from 9-11 a.m.
- Grades 7-8: Dec. 7 from 9-11 a.m.
- \$40 per session
- Instruction from CAL HS coaches & players

[Click here to register!](#)



# MS swimming competes in second meet

MS swim participated in its second meet of the season at the Mary T. Meagher Aquatic Center last Friday.

The team had an impressive number of top 10 finishes in the meet.

Emma Janes and Max Tatchell led the team with first place finishes in the girls 50 yard breaststroke & boys 100 yard IM, respectively.

Addie Eschenbach with a powerful third place finish in the 50-yard butterfly and took sixth in the 100 yard in the individual medley.

Jack Cunningham finished a stellar fourth in the 100 yard free and fifth in the 50 yard backstroke. Powerful swims from all of these athletes!

Eliana Saing had a great finish in 50-yard breaststroke and 50 yard fly. Sarah Del Pino also had solid times in the 50 yard free and 50-yard breaststroke in her heats. Kimber Davis shaved time off her personal record in the 50 yard free and 50 yard back. Strong work!

Adelyn Craft, Lucy Norton and Susie Williams competed for the first time this season. All three athletes excelled in their individual strokes and heats. Adelyn Craft had a strong finish in the 50 yard breaststroke and a top 20 finish in the 100 yard IM. Susie Williams had solid results in the 50 yard free and top 25 finish in 50 yard backstroke. Lucy Norton also had a nice finish in the 50 yard back and 50 free.

Quil Ritz and Jackson Kelly represented CAL in the 50-yard free & backstroke with solid finishes.



Quil had a personal best time in the 50 yard back and 50 yard free. Jackson shaved time in the 50 yard free for his personal best.

The CAL's girls relay of Adelyn Craft, Emma Janes, Addie Echenbach and Eliana Saing finished 6th in the the 200-yard medley relay and a fourth in the 200-yard free relay. The team of Kimber Davis, Lucy Norton, Sarah Del Pino and Susie Williams had a top 20 finish in the 200 yard free relay. The CAL boys relay of Jack Cunnigham, Max Tatchell, Jackson Kelly and Quil Ritz had a top 10 finish in the 200 Medley relay and 11th place finish in the 200-yard free relay. The relays were fierce and did extremely well in this meet.

Overall, CAL finished seventh in the meet. The girls team ranked sixth overall and the boys team seventh. Another fantastic meet for the team.

The team will be back in action Nov. 8th at Mary T. Meagher Aquatic Center.



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Seniors



# This week in Centurion Nation - Oct. 28-Nov. 2

## HOME

Date	Start Time	Sport	Place	Opponent	Facility
10/28/2024 Monday	7:30 PM	Girls Varsity Field Hockey	Home	KHSAA State Finals	Centurion Field
11/01/2024 Friday	7:30 PM	Boys Varsity Football	Home	Fern Creek Traditional HS	Centurion Field

## AWAY

Date	Start Time	Sport	Place	Opponent	Facility
10/28/2024 Monday	6:30 PM	Boys Junior Varsity Football	Away	TBA	TBA
	6:00 PM	Girls Varsity Volleyball	Away	Region Quarterfinals vs. Assumption	Assumption High School
TBA	5:30 PM	Girls 6th Basketball	Away	East Oldham Middle School	East Oldham Middle School
TBA	6:30 PM	Girls 7th Basketball	Away	East Oldham Middle School	East Oldham Middle School
TBA	7:30 PM	Girls 8th Basketball	Away	East Oldham Middle School	East Oldham Middle School
11/02/2024 Saturday	TBA	Girls 8th Basketball	Away	Ballard MS Tournament (2 game guarantee)	Ballard High School
	TBA	Boys-Girls Varsity Cross Country	Away	State Meet	New Horse Park, Lexington KY
	TBA	Boys Middle School Football	Away	TBA	TBA

Up-to-date schedules are posted daily on Twitter @CenturionAD and Instagram @CALCenturions.

## Contacts

### Athletics staff

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**Trisha Pullen, Centurion Armory coordinator**

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### Fall sports head coaches

HS Cheerleading.....Morgan Robinson  
MS Cheerleading.....Kim Robinson  
HS Cross Country.....Daria Pierce  
MS Cross Country.....Samantha Gilbert  
HS Field Hockey.....Chris Ward  
Freshman Field Hockey.....John MacLeod  
6th/7th Field Hockey.....Heather Taber  
5th Field Hockey.....Ryan Bachman  
HS Football.....Hunter Cantwell  
7th/8th Football.....Draper Hall  
5th/6th Football.....Eric Lowe  
3rd/4th Football.....Adam Robinson  
1st/2nd Football.....Keith McKinney  
HS Boys Golf.....Lucas Holland  
HS Girls Golf.....Matthew Feltner  
HS Boys Soccer.....Trent Popp  
HS Girls Soccer.....John Zutt  
MS Tennis.....Bob Willis  
HS Volleyball.....Sherry Ashley  
8th Volleyball.....Juliann Parrish  
7th Volleyball.....Kaitlyn Meyers & Angela Alvarado  
6th Volleyball.....Lauren Fields