

ENGLISH STATION

*But you, LORD,
do not be far from me.
You are my strength;
come quickly to help me.*
PSALM 22:19

For I know the thoughts
that I think toward you,
says the Lord
thoughts of peace
and not of evil,
to give you a future
and a hope.

Jeremiah 29:11

ChristianQuotes.info

MENU MEAL SERVED WITH 1%
MILK, LOWFAT MILK, OR 8OZ.
WATER.
MENU SUBJECT TO CHANGE.

hello OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Hot Dog Baked Beans Carrots Applesauce	30 Chicken Nuggets Fried Rice Fresh Pineapple Broccoli Spring Roll (MS/HS)	1 Grilled Cheese Tater Tots Fresh Cantaloupe Yogurt	2 Spaghetti with Meat Sauce Pears Tossed Salad Garlic Bread Fresh Baked Cookie	3 SENIOR CARNIVAL Pizza Apples Carrots



FALL BREAK

13 NO SCHOOL	14 Southern Style Chicken Mashed Potatoes Green Beans Roll	15 Quesadilla Toppings Corn Fresh Seasonal Fruit	16 Cheeseburger Lettuce & Tomato Fresh Seasonal Fruit Chips Brownie	17 Pizza Cucumbers & Tomatoes Cutie Mandarin Orange
20 Chicken Patty Sandwich Toppings Green Beans Apple Slices	21 Burritos Toppings Queso Orange/Pineapple blend Corn	22 Scrambled Eggs Sausage Biscuit Banana	23 Chicken Alfredo Peas Fresh Seasonal Fruit Roll	24 Pizza Carrots Apple Slices
27 Hot Dog Toppings Baked Beans Carrots Applesauce	28 Chicken Nuggets Fried Rice Fresh Pineapple Broccoli Spring Roll (MS/HS)	29 Grilled Cheese Tater Tots Fresh Cantaloupe Yogurt	30 Spaghetti with Meat Sauce Pears Tossed Salad Garlic Bread Fresh Baked Cookie	31 Pizza Fresh Broccoli Orange Slices