



# WARRIOR UPDATE

OCTOBER 18, 2023



## UPCOMING EVENTS

Saturday, October 21

11:30am EST V CC @ Evansville

Mater Dei

\*Regionals\*

## -LAST WEEK'S SUMMARIES-

### VARSIITY CROSS COUNTRY

Six individual runners will advance to Regional in Evansville this Saturday (the Top 15 individuals advance)!

Alex Pinckney - 2nd overall and 1st individual qualifier

Lincoln Birke - 37th overall and 7th individual to advance

Anna Nash - 21st overall and 4th individual

Adeline Oakley - 29th overall and 6th individual to qualify

Madelynn Lutz - 34th overall and 9th individual

Jillian McKain - 44th overall and 15th individual to qualify

### VARSIITY BOYS TENNIS

The Warriors ended our season on September 28th in the second round of sectional play, losing to New Albany 5-0. The guys competed well and the coach is proud of their effort this season. Skill development and improvement was significant and they finished with five match wins this season. Thanks to everyone for the support!

### JV VOLLEYBALL

JV (21-3)

Stats for the Season:

Aces - Maddie Webb - 52

Kills - Grace Oster - 105

Blocks - Alexis Bryant - 12

Assists - Maddie Webb - 185

Digs - Carly Stevens - 210

Summary:

This has been one of the better years of JV volleyball that CAI has seen in a while. The program is growing deeper and we are so blessed to have so many girls who have been willing to work hard and play this game! The Lady Warriors had a great season and learned a lot about how volleyball ties into their spiritual walk. The main takeaways being that we can control in every situation our attitude and our effort; everything else we leave up to Jesus. These girls have bonded with each other as well and have grown stronger not only in their walk but in the relationships with their fellow teammates. There is much anticipation to see what plans God has for these girls and CAI volleyball teams in the future.

# -LAST WEEK'S SUMMARIES (CONT'D)-



## C-TEAM VOLLEYBALL

C-Team Volleyball (2-8)

Results:

L- against Corydon

Stat Leaders:

Aces - Bella DeMoss -3

Kills - Kathleen Allen-3

Blocks - Bella DeMoss-1

Assists - Taylor Talley-2

Summary:

C-Team had a hard fought battle against Corydon in a two set loss at CAI. Bella DeMoss had three aces and Kathleen Allen led the offense with three kills. Taylor Talley had two assists for those Warrior Kills. The team has finished their season of ten matches in total.

## MS VOLLEYBALL - GOLD

The gold team ended their season at home against KCD with a big win: 25-4 and 25-13. Overall the gold team ended their season with eleven wins and five losses. The girls worked hard to improve throughout the season. They played some tough competition and never gave up. This was a great group of girls that led the middle school program in talent and teamwork. They were always willing to learn a new skill, hustle, push themselves and encourage each other. We are excited to see what they accomplish in the future and on the CAI volleyball high school teams.

## MS VOLLEYBALL - BLUE

The girls ended their season at home against KCD with a win 25-12 and 25-18. Overall, the blue team ended their season with fourteen wins and one loss. The girls worked hard in practice learning new skills and sharpening all of their skills. The girls were encouraging to one another on and off the court. They worked together and stayed strong the entire season. There is a lot of talent in this group of girls and we are excited to see what the future holds for CAI Volleyball.